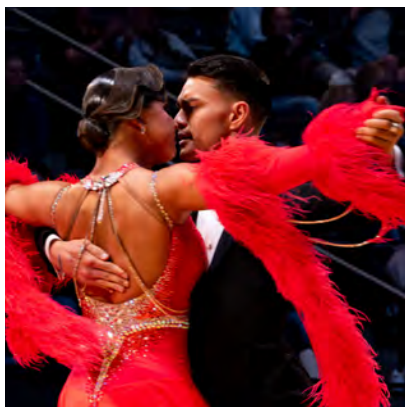
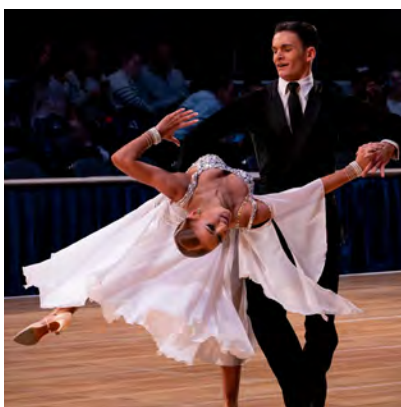
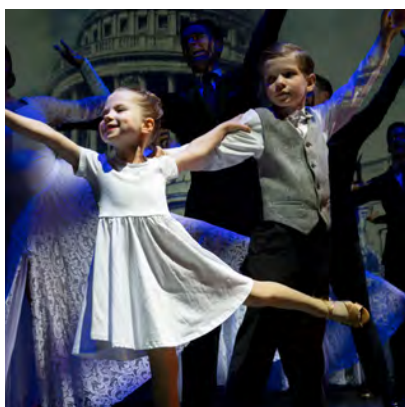




PACIFIC BALLROOM DANCE



Family Welcome Packet



GENERAL PROGRAM INFORMATION



WELCOME TO *Pacific Ballroom Dance*

We are excited to see our returning students and welcome new students to our vibrant community.

PBD is more than just a dance studio—we are a family. Our goal is to serve students of all ages and abilities, ensuring that everyone has a place to express themselves, build confidence, and discover the joy of dance.

We believe that dance belongs to everyone. Beyond our core programs, we partner with local public schools, collaborate with fantastic local organizations, and bring the joy of movement directly to our community. Whether we are performing on a concert stage, at a local farmers market, a community center, or national and local competitions, our goal is to inspire and connect.

Please take some time to review this information packet. It contains everything you need to know to get started on your journey with us. If you have any questions, please don't hesitate to reach out to me, our staff or coaches—we are all here to support you.

Thank you for joining us. We cannot wait to see you on the dance floor!

Warmest regards,

Tigran Arakelyan
EXECUTIVE DIRECTOR

This document contains important information to help you navigate the year. It will also be posted on our BAND pages, so make sure you have access to that platform (instructions below). The mission of PBD is to “build character in youth by providing a positive ballroom dance experience.” We promote the values of Fitness, Leadership, Inclusiveness, Respect, Teamwork, Excellence, and Dedication. The mission and values are accomplished and taught as coaches and instructors help each team member strive to reach their potential as a dancer and strong community member. Developing consistent attendance and a strong work ethic help achieve these goals.

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PBD VALUES & EXPECTATIONS



Values:

- FITNESS
- LEADERSHIP
- INCLUSIVENESS
- RESPECT
- TEAMWORK
- EXCELLENCE
- DEDICATION

Expectations

FOR STUDENTS:

Be **respectful** at all times to all people, both in the studio and elsewhere; demonstrate **teamwork** and **dedication** by being present at all practices and rehearsals; demonstrate **excellence** and **dedication** by practicing outside of team times and giving your all when in class; continuously work on **fitness** of body and mind so you are prepared for anything that might be asked of you; be a **leader** by making sure everyone in your group, or any one new to the studio is always **included**.

Expectations

FOR PARENTS/GUARDIANS:

Be **respectful** at all times to all people, both in the studio and elsewhere; demonstrate **teamwork** by keeping in communication with your coaches and studio staff; practice **dedication** by making sure your students are at the studio on time and prepared to work; be a **leader** by always demonstrating **excellence** and **inclusivity**; help us by helping your child understand what **fitness** of mind and body looks like and that means something different to everyone. Any concerns should be brought to your student's class or team coach, who will involve the Executive Director if necessary, and should not be addressed on BAND or in any studio chat rooms. We appreciate your help in maintaining a positive and respectful partnership between parents, students, and staff.



Registration & Orientation

Registration is done online through the Wellness Living secure client portal. Our website provides links to each Team and Class registration tab in Wellness Living. You can also go directly to Wellness Living by clicking "Wellness Living Login" in the upper right corner of our homepage. If you are new to PBD, create an account in the STUDENT'S NAME.

Wellness Living Tabs you should be aware of:

- **BOOK NOW** which takes you to registration tabs for teams and classes. Teams can be found underneath the Performing Company tab, Stars Classes under the Stars tab. DanceSport Teams can be found under the DanceSport Teams tab.
- **ONLINE STORE** where you will find items like competition fees, annual membership fees, tickets to events, etc.
- **MY PROFILE** is where you update addresses, credit card information, and can make payments on your account.

A **Family Orientation** will take place at the beginning of the season. Please check your Band page for more info. The open house format will allow you to visit areas of interest to you.

- Q & A
- Meet Coaches
- Information on Classes, Teams
- Parent Committee & Volunteer Opportunities
- Dance Attire
- Registration Assistance

Studio Primary Communication

Band: A BAND invitation link should be presented to you at registration for each class & team you sign up for. Please join each page as soon as possible. If you missed this opportunity you can ask the front desk for assistance. You will also need to join the Studio News & Events Band Page.

- 1 - BAND pages (access by phone app/computer)
- 2 - Email Updates
- 3 - Website: www.pacificballroom.org

Any concerns that may come up should not be addressed on BAND or in any studio chat room. Please contact your student's class or team coach, who will involve the Executive Director if necessary.

GETTING
STARTED



JOIN THE PBD STUDIO NEWS
& EVENTS BAND HERE



FIND OUR KEY DATES
INFO HERE

Contact & Questions

For Registration or Wellness Living questions please contact: secretary@pacificballroom.org

You can contact any staff member directly by going to our website About Us section or by emailing the first name of the staff member @pacificballroom.org.

- Example: name@pacificballroom.org

Lobby & Drop-Off

Arrival/Exit - Upon arrival, students are to remain in the lobby until their class begins. During this time, students are encouraged to use the restroom, put on their shoes, and prepare for class. Parents, please be prompt in picking up your students. PBD is not responsible for students outside of teaching hours & loitering in the lobby is not permitted. STARS Parents, please plan to be in the lobby 5 minutes prior to the end of your students class time to assure you are present for pick up.

Parking Lot - Safety in the parking lot is our number one priority. We ask everyone to use extra caution at all times, as we have many young dancers who are smaller than vehicles and can be difficult to see, especially at night. STARS parents are required to walk their students into and out of the building and keep them close at all times while in the parking lot.

Parking in the driving lanes is not permitted. If you are waiting for your dancer, please park in a designated parking space until class has ended. Pickup in front of the studio should be brief to help keep traffic flowing smoothly. For a less crowded pickup option, students may also be picked up behind the building. If you choose this option, please coordinate with your dancer in advance so they know where to meet you, and ensure your dancer communicates this plan to their coach. When possible, we encourage drivers to back into parking spaces, as this can help improve visibility and enhance overall parking lot safety.

Kitchen - The kitchen is available for students who are eating during breaks or between classes. Keeping our bodies fueled and energized is an important part of being a successful dancer, and we encourage students to use this space to enjoy brief meals and snacks. Students are expected to maintain respectful behavior and help create a welcoming environment for others.

If you are not actively eating, please make room for those who need to use the space for meals. The kitchen is not intended for homework or studying. Students who

wish to complete homework should use the lobby area. Families of dancers are encouraged to eat outside or in their vehicles. Food and beverages should remain in the kitchen area, as students are not permitted to eat in the lobby.

Scholarships

As a non-profit organization, we want all dancers to have access to our programs. Scholarship opportunities for those who need financial assistance are available. Scholarship applications can be found at the front desk. We make these scholarship determinations mid-September.

Attendance

Students are expected to attend rehearsals and performances as scheduled throughout the season. Coaches should be notified in advance if student cannot attend due to illness or emergency.

Practice Space

We encourage students to take advantage of practice opportunities and love seeing our dancers work hard to achieve their goals. Please be courteous and respectful to everyone using the practice floor. While we strongly support independent practice, private lessons take priority over open practice. Students who are not participating in a lesson may be asked to vacate the floor if it becomes overcrowded or if additional space is needed for private instruction. Practice space is only available when a staff member is present and is reserved for students who are actively practicing. To help maximize floor availability, please step off the floor for conversations and socializing. Parents should not remain in the practice area unless their student is actively using the space.

Family Support

Family support is important to the success of each student. Your volunteer service is essential to maintaining the high-quality experiences we offer while keeping costs affordable for families. Each family is asked to contribute a minimum of two volunteer hours per dancer, per season. Classes are open to observers ONLY when invited by the instructor. Observers are not coaches, and must refrain from talking or communicating with students while observing. Communicating with an instructor privately after class is the avenue used to address concerns in a timely manner. Private lessons can be observed when studio capacity allows.

Conduct

Students are expected to be attentive and respectful in class. Behavior management strategies are outlined in the PBD Behavior Management Tool. Strategies include a warning, removal from class, and parent involvement when needed.

PBD Gear & Shop

There is a PBD Gear Store available on the PBD website year round. You may place orders for shirts, sweatshirts, bags, jackets etc any time during the season and it will be shipped directly to you. Team shirts will still be provided by PBD for those on performing teams.

A dance attire shop, WDHT Ballroom, is housed in our studio and is available to purchase shoes, basics, etc. Contact **Katie Mecham** (425.358.0924) to make an appointment.

Emergency / Weather Closures

Our complete Emergency Procedure will be released mid-October for reference, and instructs patrons to watch email, BAND, and social media for closure updates.

Medals Exams

Our students have the opportunity to certify by taking an NDCA medals exam through Monique Hourda at our studio. NDCA medals exam is a nationally recognized ballroom dance proficiency test. It measures a dancer's skills at levels such as Bronze, Silver, or Gold and provides an official benchmark of their progress. This is available at additional cost through coach Monique. Please ask your coach if you have any questions and contact Monique for payment information or to schedule.

Rounds

Every week, PBD has a specific time dedicated to students to practice their routines in the Ballroom, Latin and Smooth styles. This is called Rounds. This is included in studio membership and a great time to solidify the routines students are learning in class and dance through them with music. A partner is encouraged but not required. A second set of rounds will be offered on Monday and Tuesday evenings during the Fall season.

Practice Space

Please refer to the Getting Started category of the Family Welcome Packet.

Individual Competitions

Students are highly encouraged to compete in a competition at least once or more during the season. Competing gives students a goal to work toward and generally helps students progress more quickly in dance skills. There are both local and destination competitions throughout the year. Please refer to PBD Key Dates for recommended competitions. PBD also hosts their own competition in January, this is a great low pressure local opportunity to compete either solo or with a partner.

Open Level Dancing

We love to see our students grow, achieve, and reach new levels of success on the DanceSport floor. Students at PBD who are interested in pursuing open-level dancing should discuss their goals with their individual competition coach. Open-level dancing requires a significant commitment of time, training, and practice. Success at the open level requires multiple scheduled private lessons, consistent attendance, and dedicated practice time outside of regular classes. Students and families should be prepared for the increased commitment necessary to develop the technical skills, artistry, and performance quality expected at this level of competition.

Private Lessons

Private Lessons can be booked directly with the individual instructors. There is a 25-min and a 50-min option. A list of private lesson instructors can be found at the front desk or on our website.

PBD Teaching Assistants

PBD offers paid Teaching Assistant positions to High-school age youth currently enrolled in the PBD program. This opportunity is for PBD students looking to explore their dance interests in teaching or improve their own dance skills in a different way. Teaching Assistants are held accountable as part of the PBD staff but also provided individual mentorship as seen fit by their partnered staff director and/or instructor.

Teaching Assistant Applications are available around the beginning of May and due June 1st. Applicants will be contacted shortly after.

MY CHECKLIST TO DANCE



- ☐ Enroll for my Classes & Teams
- ☐ Join Team BAND Pages
(upon registration)
- ☐ Join Studio News & Events
Band Page *(All band invitations
are on our website under the tab,
"Programs and Registration")*
- ☐ Put Key Dates on my Calendar
- ☐ Get my Ballroom Dance Attire
- ☐ Find a Dance Bag &
Dance Bag Items

DANCE BAG NECESSITIES

(please label all the things)

- Water bottle
- Deodorant
- Dance shoes
- Leotard (girls)
- Band-aids
- Hair ties
- Black Socks (boys)
- Emergency Snack

- ☐ Locate information and
handbooks on PBD's Website
under the Information Tab for
future reference
- ☐ Meet my Coaches &
Instructors
- ☐ Have Fun!



JOIN ALL CLASS/TEAM
BAND PAGES HERE



FIND OUR KEY DATES
INFO HERE



DRESS CODE

When students come to class, practice or a lesson, they should be dressed in clothes that are comfortable, allow freedom of movement, and are appropriate to the demands of the session. At PBD, we try to incorporate our core values into all that we do and adherence to the dress code is a demonstration of **respect, excellence, and dedication**. Thank you for coming prepared to dance.

Approved Dance Attire **PRETEEN, JUNIOR, AND YOUTH DANCERS** (Stars items are listed in the section for Stars dancers)

PERFORMING/DANCESPORT TEAMS

- **BLACK DANCE PANTS/LEGGINGS**
- **TEAM SHIRTS** (Gray = Leads, Black = Follows)
- **DANCE SHOES** (as specified by team director)
- **LEOTARDS** (as needed)
- **TENNIS SHOES** (as needed)

*Instructors may ask for specific attire needed for their classes/teams.

NOT APPROPRIATE FOR ANY BALLROOM DANCE CLASS

- Shorts
- Hoodies
- Overly Baggy Clothing
- Flip Flops
- Shirts or Leotards open below sternum
- Midriff Shirts (Crop-tops)
- Hats

PERFORMANCE ITEMS



PRETEEN, JUNIOR, AND YOUTH DANCERS

(Stars items are listed in the section for Stars dancers)

Team Performances

FOLLOWS

- Fishnets - Toffee Color
- Suntan Dance Tights (sheer to waist) - Optional
- Nude Leotard w/ Bra Cups
- Nude Bra w/clear straps + Nude Underwear - Optional
- Dance Kit

LEADS

- White T-Shirt (under costume, v-neck)
- Black Biker Shorts (under costume)
- Black Over the Calf Socks
- Dance Kit

Individual Syllabus Competition

FOLLOWS

- Black Long sleeve turtleneck or round neck leotard
- Black latin skirt (if competing latin)
- Black ballroom skirt (if competing ballroom)
- Fishnets with optional tights
- Preteen Category: opaque tights OR white Bobby Socks

LEADS

- Black latin pants
- White button up dress shirt
- Black Socks
- Black Tie (bow ties are allowed at some competitions, straight ties are allowed at all competitions)

Dance Kit

FOLLOWS

- Hairspray
- Bobby pins
- Hair Gel
- Hairnets
- Hair ties/elastics
- Comb/brush
- Blush
- Liquid base
- Bronzer
- Mascara
- Eyeshadow
- Lipstick
- False eyelashes/glue (Jr/Yth)
- Mirror
- Clear deodorant
- Bandages
- Safety pins

LEADS

- Hairspray/Gel
- Brush/comb
- Hand towel
- Clear deodorant
- Bandages
- Safety pins
- Extra black socks
- Extra Black tie
- Extra Shoe laces
- Clear Shoe Goo



All informational handbooks, including this Welcome packet can be found on PBD's Website under the "Information Tab"

- **PERFORMING & DANCESPORT TEAMS**
- **COMPETITIONS**
- **VOLUNTEERING**
- ANNOUNCEMENTS & EVENTS**

Please refer to PBD communication avenues - BAND, email, social media, website.



JOIN THE PBD STUDIO NEWS
& EVENTS BAND HERE

Links to the following resources can be found on our website by going to:

Pacificballroom.org
Information
Resources

Locations

WDHT BALLROOM

1604 15th St SW #109, Auburn, WA
(425) 358-0924

CENTERSTAGE DANCE SHOP

5261 University Way NE, Seattle, WA
(206) 527-4697

STAR DANCE SHOP

6911 216th St SW Suite C, Lynnwood, WA
(425) 697-4708

PETTICOAT JUNCTION

14523 WA-99 #1, Lynnwood, WA
(425) 743-9513

DANCE TRENDZ

4798 Auburn Way N, Auburn, WA
(206) 922-7878

Online Shopping

- Discount Dance Supply
- Amazon
- Capezio
- Dance Shopper
- Red Tango
- Star Dance Provo
- PBD Facebook – Buy Sell Trade Page

MORE DETAILS CAN BE FOUND AT
PACIFICBALLROOM.ORG



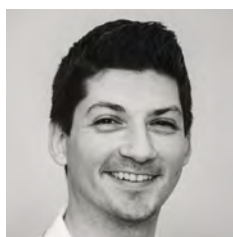
PACIFIC BALLROOM DANCE

PRIVATE LESSONS

PBD Students can book private lessons online at www.pacificballroom.org, by using the Wellness Living Achieve app, or by contacting one of the listed instructors directly. All of the listed instructors can be booked for regular private lessons. Individuals who are not current PBD students should contact the Private Instructor directly to schedule an appointment.



MONIQUE HROUDA
monique@pacificballroom.org



ADAM LEE
adam@pacificballroom.org



LYNNE BOUDREAUX
lynne@pacificballroom.org



ALEX OLIVARES
alex@pacificballroom.org

**Adult Couples Only*



EMA MORGOVSKY
ema@pacificballroom.org



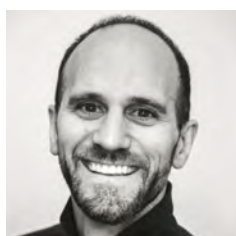
LOGAN CRISOSTOMO
logan@pacificballroom.org



BRYNN COLE
brynn@pacificballroom.org



TANNER COLE
tanner@pacificballroom.org



BRENT MECHAM
brent@pacificballroom.org

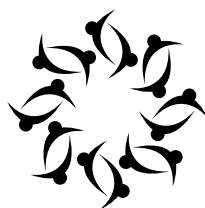
**Cabaret Couples Only*

PACIFIC BALLROOM DANCE SHOE EXAMPLES

KIDS	    KIDS JAZZ SHOE NUDE JAZZ SHOE = GIRLS BLACK JAZZ SHOE = BOYS BOYS LATIN/BALLROOM GIRLS LATIN BLOCK HEEL
SANDALS	   LATIN SANDAL 1.5" HEEL LATIN SANDAL 2" HEEL LATIN SANDAL 2.5" HEEL
PUMPS	   BALLROOM 1.5" HEEL BALLROOM 2-2.5" HEEL SMOOTH 2.5" HEEL
PRACTICE	  1.5" CUBAN HEEL
MENS	   BALLROOM/LATIN 1" HEEL PATENT BALLROOM 1" HEEL CUBAN LATIN 1.5" HEEL

PACIFIC BALLROOM DANCE CLOTHING EXAMPLES

PANTS	 BLACK LEGGINGS	SKIRTS	   BALLROOM LATIN FRINGE
BLACK LEOTARDS	   L/S TURTLENECK S/S OR L/S SCOOPNECK	NUDE LEOTARDS	   CAMISOLE BRA-TECH FULL SUPPORT
TIGHTS	  FOOTED TIGHTS (SUNTAN) SEAMLESS FISHNETS (TOFFEE)	BOYS/MENS	    BLACK BIKER SHORTS WHITE BUTTON-UP L/S SHIRT & BLACK TIE WHITE UNDER SHIRT HIGH-WAISTED LATIN PANTS



PACIFIC BALLROOM DANCE

KEY DATES 2026-27

THESE DATES MAY BE ADJUSTED TO ACCOMMODATE CHANGING COMMUNITY CONDITIONS

Competitions, special events, and performances will be added as they are scheduled.

** Indicates that an event is ticketed and admission will be charged.*

JUNE

- 15 • Stars Summer Session Begins
- 29 • Beginning of Summer Season

JULY

- 27-31 • Stars Kids Summer Camp

AUGUST

- 10 • 2026-27 Full Season Schedule Begins
- 29 • Stars Teaching Assistant Training
- 31 • Stars Season Begins

SEPTEMBER

- 07 • No Classes - Holiday Break
- 17 • National Dance Day
- 24-27 • Summit DanceSport - Seattle, WA***
- 30 • Open Enrollment Ends - Performing Teams

OCTOBER

- 30 • Youth Halloween Social/Spirit Bowl

NOVEMBER

- 13-14 • BYU DanceSport Championships - Provo, UT***
- 25-29 • No Classes - Holiday Break

DECEMBER

- 02 • Full Performing Team Rehearsal @ Studio
- 03 • Winter Concert - Rehearsal @ APAC
- 04-05 • Winter Concert - Show #1 & #2***
- 05 • Open Enrollment Begins - Performing Teams
- 05 • Free Workshop (Ages 7-18)
- 10 • ARC Exchange Event (Youth Teams)
- 12 • Stars Imagination Camp
- 12 • Adult Winter Showcase***
- 21-31 • No Classes - Holiday Break
- 31 • Adult New Year's Eve Dance***

JANUARY

- 01-03 • No Classes - Holiday Break
- 04 • Classes/Teams Begin
- 16 • Pacific Ballroom DanceSport Challenge - WA***
- 23 • Fall/Winter COR
- 23 • Free Youth Workshop (Ages 7-18)
- 31 • Open Enrollment Ends - Performing Teams

FEBRUARY

- 06 • Utah DanceSport Challenge - UT***
- 12-14 • California Open Competition - Costa Mesa, CA***
- 13 • Adult Valentines Party/Social***

MARCH

- 08-13 • PBD Spring Break - No Teams/Classes (Stars-Youth)
- 09-13 • BYU National Championships - Provo, UT***

APRIL

- 03 • Free Youth Workshop (Ages 7-18)
- 16-17 • Extreme DanceSport Invitational - Rexburg, ID***
- 29 • International Dance Day

MAY

- 01 • Annual PBD Fundraiser**
- 01 • Stars Imagination Camp
- 07-08 • Pacific Grand Ball Competition - Seattle, WA***
- 15 • PBD Youth Prom***
- 22 • Spring/Summer COR
- 22 • Free Youth Workshop (Ages 7-18)
- 24-28 • Friends Week
- 24-28 • Last week of Stars Classes/Teams
- 31 • No Classes - Holiday Break

JUNE

- 05 • Adult Summer Showcase***
- 05 • Full Performing Team Rehearsal @ Studio
- 07 • Stars Special Enrollment Day/Rehearsal
- 09 • Summer Concert - Rehearsal @ Studio
- 10 • Summer Concert - Rehearsal @ Theater
- 11-12 • Summer Concert - Show #1, #2, #3***
- 14 • Stars Summer Session Begins
- 14-15 • Last week of Performing Teams
- 16-19 • Placement Auditions 2027-28 Season
- 19 • Full Company Cast Party
- 26 • Free Youth Workshop (Ages 7-18)

WANT MORE INFO?

FIND DETAILED INFORMATION
& DESCRIPTIONS OF THESE
EVENTS ON OUR WEBSITE



PBD 06/20/26



TEAM INFORMATION

WELCOME

Dancers & Families

We are excited to have you with us this season on our Performing Team!

Concerts

We will be presenting two major Concerts each season:

- **WINTER CONCERT**
Nov/Dec • Auburn PAC
- **SUMMER CONCERT**
June • Renton IKEA PAC

Rehearsals are held at the studio and at the theater during the week of concert according to the posted concert schedule.

Community Performances

Performances will arise throughout the year. We will notify you via Band as soon as we know when and where they are. They are not required, but it is very highly encouraged to attend as many team performances as possible.

Volunteering

Additional information about PBD volunteering in the Volunteer Handbook can be located on PBD's website by going to the "Information Tab" and the "Handbook Page". Since PBD is a non-profit organization the studio asks ALL families to volunteer throughout the year in some capacity. Please plan to volunteer and give back. Each family is asked to contribute a minimum of two volunteer hours per dancer, per season.

Rehearsals & Performances

Rehearsals are held at the studio during the week according to the studio schedule. Performances will arise throughout the year. We will notify you via Band as soon as we know when and where they are. They are not required, but it is very highly encouraged to attend as many team performances as possible.

PERFORMING & DANCESPORT TEAMS



Team Coaches



CONTACT ANY OF OUR
TEAM COACHES HERE

Please feel free to contact us to set up a meeting at any time and for any reason.

Absences

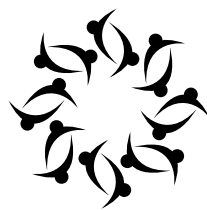
Please comment "absent" on our BAND calendar with any additional related notes for any practice you may be missing. This is important, as knowing attendance can affect the coaches team practice agenda. If you know you are going to be late for a practice, commenting is also appreciated.

Team Specific Items

Other team requirements and information will be distributed at team orientations or on BAND the first few weeks of class. Please watch for information about these sessions to be posted on your Band pages.

DanceSport Team Auditions

DanceSport team auditions will be held in June during the annual Placement Audition. These auditions are optional for any student who wishes to compete with our DanceSport teams.



PACIFIC BALLROOM DANCE

PERFORMING COMPANY

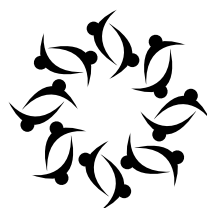
Full Season: August 2026 to June 2027 (11 Months). Placement auditions held in June.
Main performances in Dec & June. Additional shows may be added during the season.

PERFORMING TEAM + CORE	TEAM CORE DIRECTOR(S)	TEAM DIRECTOR(S)	FULL SEASON (Aug-Jun)	TUITION	FEES
PRETEEN A TEAM - Audition Only Includes Core Class 2x/Week Grades 4 to 6	Lynne Boudreaux Monique Hrouda	Raney Keating & Adam Lee (Asst)	Tues/Thu 4:15-6:15PM	\$235/ Month	Membership Fee = \$75/Year Costume Fee = \$150/Year
PRETEEN B TEAM Open Enrollment until Full Includes Core Class 2x/Week Grades 4 to 6	Adam Lee	Erin Briones & Logan Crisostomo Colleen Heal (Assts)	Tues/Thu 4:30-6:00PM	\$190/ Month	Membership Fee = \$75/Year Costume Fee = \$100/Year
JUNIOR A TEAM - Audition Only Includes Core Class 2x/Week Grades 7 to 9	Lynne Boudreaux Monique Hrouda	Brynn Cole & Tanner Cole (Asst)	Mon/Wed 4:45-7:00PM	\$285/ Month	Membership Fee = \$100/Year Costume Fee = \$200/Year
JUNIOR B TEAM Open Enrollment until Full Includes Core Class 2x/Week Grades 7 to 9	Adam Lee	Adam Lee & Ema Morgovsky (Asst)	Mon/Wed 5:15-7:00PM	\$215/ Month	Membership Fee = \$75/Year Costume Fee = \$150/Year
YOUTH A TEAM - Audition Only Includes Core Class 2x/Week Grades 10 to 12	Tanner Cole Logan Crisostomo Monique Hrouda	Brent & Katie Mecham	Mon 6:15-8:00PM Tues 6-7:30PM Thurs 5:15-7:30PM	\$330/ Month	Membership Fee = \$100/Year Costume Fee = \$250/Year
YOUTH B TEAM Open Enrollment until Full Includes Core Class 2x/Week Grades 10 to 12	Lynne Boudreaux Monique Hrouda	Adam Lee & Erin Briones (Asst)	Tues/Thu 6-8:00PM	\$225/ Month	Membership Fee = \$75/Year Costume Fee = \$200/Year
CABARET TEAM - Audition Only Includes Cabaret Core Class 1x/Week 1 Competition (Apr) Grades 9 to 12	Brent Mecham	Brent & Katie Mecham	Mon 8-9:30PM Thurs 8-9:00PM (Added APR-JUN)	\$110/ Month	Membership Fee = \$75/Year* Costume Fee = \$100/Year*

CORE ONLY OPTIONS (If not enrolled in a Performing Team)	CORE DIRECTOR(S)	FULL SEASON (Aug-Jun)	TUITION	FEES (If not on a Performing Team)
B LEVEL CORE Open Enrollment until Full Includes Core Class 2x/Week Preteen B = Grades 4 to 6 Junior B = Grades 7 to 9 Youth B = Grades 10 to 12	Lynne Boudreaux Monique Hrouda Adam Lee	PRETEEN B Tue/Thu 4:30-5:00PM JUNIOR B Mon/Wed 5:15-5:45PM YOUTH B Tue/Thu 6-6:30PM	\$90/ Month	Membership Fee = \$75/Year*
CORE PLUS - Teacher Approval Includes Core Class 1x/Week Grades 7 to 12+	Monique Hrouda	Tuesdays 5-6:00PM	\$95/ Month	Membership Fee = \$75/Year*
CABARET CONDITIONING Open Enrollment until Full Includes Conditioning Class 1x/Week Grades 7 to 12	Brent Mecham	Fridays 5:30-6:30pm	\$95/ Month	Membership Fee = \$75/Year*

* Membership Fee and/or Costume Fee paid only if not enrolled on another Performing Team or Class.

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PACIFIC BALLROOM DANCE

DANCESPORT PROGRAM

ROUNDS: Individual Competition Rounds will be held Aug-May on Saturdays from 12:30-2:00pm.
Additional speed rounds sessions will be held Aug-Dec on Mondays from 8-8:30pm, and Tuesdays from 9-9:30pm.

DANCESPORT CLASSES	DIRECTORS	OFFERED FULL SEASON (Aug-May)	TUITION	FEES (*If not in another Class)
DANCESPORT SEMINAR - Parents Once a month info session and Q&A for parents to learn about the specifics of individual competition.	Colleen Heal	1x/Month Saturdays 12-1:00PM	FREE	
STARS DANCESPORT - Grades 1 to 3 Individual Competition Class for Solo Dancers or Couples Includes Weekly Group Class, Rounds	Lynne Boudreaux Logan Crisostomo Ema Morgovsky	Fridays 4:15-5:00PM	\$60/ Month	Membership Fee = \$25/Year*
SYLLABUS DANCESPORT - Grades 4 to 12+ Syllabus Individual Competition Class for Solo Dancers or Couples Includes Weekly Group Class, Rounds	Lynne Boudreaux Brynn Cole Monique Hrouda Adam Lee	Fridays 4-5:00PM	\$80/ Month	Membership Fee = \$75/Year*
OPEN DANCESPORT - Grades 4 to 12+ Open Individual Competition Class for Solo Dancers or Couples Includes Weekly Group Class, Rounds	Brynn Cole Tanner Cole Logan Crisostomo Monique Hrouda Adam Lee Ema Morgovsky	Fridays 4-5:30PM	\$120/ Month	Membership Fee = \$75/Year*

SEASON: August 2026 to Mar 2027. Placement auditions in June.
Participation fees are determined per event and are the responsibility of the dancer. **ALL COMPETITIONS ARE INDIVIDUAL TRAVEL** =
Dancers are responsible for all lodging & travel to/from each competition event (except California Open lodging).
MEDLEY ROUNDS: Medley Competition Rounds will be held Dec-Mar on Saturdays from 12-12:30pm for Junior & Youth DanceSport teams.

DANCESPORT TEAMS	DIRECTORS	FALL (Aug-Dec)	WINTER (Jan-Mar)	TUITION	COMPETITIONS /EVENTS	PARTICIPATION FEES (*If not on another Team)
PRETEEN Audition Only - Latin/Ballroom Core or DanceSport Class Required 2 Competitions (Jan/Mar) Grades 4 to 6	Logan Crisostomo Colleen Heal (Asst)	Tues, Thu 6:15-7:15PM	Tues, Thurs 6:15-7:15PM Sat 2-3:30PM	\$125/ Month	PBDC Jan 16, 2027 BYU Nationals Mar 9-13, 2027	MAR = TBA (Due by Feb 15) Membership Fee = \$75/Year* Costume Fee = \$75/Year*
JUNIOR A LATIN Audition Only Core or DanceSport Class Required 3 Competitions (Jan/Feb/Mar) Grades 7 to 9	Logan Crisostomo Ema Morgovsky (Asst)	Mon 7-8:00PM Sat 8:30-10:00AM (Dec)	Mon 7:30-8:30PM Wed 7-7:30PM Sat 8:30-10:00AM Medley Rounds Sat 12-12:30pm	\$110/ Month	PBDC Jan 16, 2027 Utah DanceSport Feb 6, 2027 BYU Nationals Mar 9-13, 2027	FEB = TBA (Due by Jan 15) MAR = TBA (Due by Feb 15) Membership Fee = \$75/Year* Costume Fee = \$100/Year*
JUNIOR A BALLROOM Audition Only Core or Dancesport Class Required 3 Competitions (Jan/Feb/Mar) Grades 7 to 9	Brynn Cole Tanner Cole (Asst)	Wed 7-8:00PM Sat 10-11:30AM (Dec)	Mon 7-7:30PM Wed 7:30-8:30PM Sat 10-11:30AM Medley Rounds Sat 12-12:30pm	\$110/ Month		
YOUTH A LATIN Audition Only Core or DanceSport Class Required 4 Competitions (Jan/Feb/Mar) Grades 10 to 12	Brent Mecham Logan Crisostomo Ema Morgovsky (Assts)	Tues 7:30-9:00PM Sat 10AM-12PM (Dec)	Tues 8-9:30PM Thurs 7:30-8PM Sat 10AM-12PM Medley Rounds Sat 12-12:30pm	\$125/ Month	PBDC Jan 16, 2027 Utah DanceSport Feb 6, 2027	FEB = TBA (Due by Jan 15) FEB CA = TBA (Due by Feb 1)
YOUTH A BALLROOM Audition Only Core or DanceSport Class Required 4 Competitions (Jan/Feb/Mar) Grades 10 to 12	Brent Mecham Brynn Cole (Asst) Tanner Cole (Asst)	Thu 7:30-9:00PM Sat 8-10AM (Dec)	Tues 7:30-8PM Thurs 8-9:30PM Sat 8-10AM Medley Rounds Sat 12-12:30pm	\$125/ Month	California Open Feb 12-13, 2027 BYU Nationals Mar 9-13, 2027	MAR = TBA (Due by Feb 15) Membership Fee = \$100/Year* Costume Fee = \$150/Year*

* Membership Fee and/or Costume Fee paid only if not enrolled on another Performing Team or Class.

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STARS
PROGRAM

Performances

STARS TEAMS generally perform three times per year, including PBD's Winter and Summer Concerts and an in-studio spring performance. Some STARS Teams may also have additional opportunities to perform at community events throughout the year.

STARS RHYTHM CLASSES and **BOYS CREW** may also have the opportunity to participate in the in-studio spring performance. Participation will be determined by the instructor on a class-by-class basis.

Details for each performance will be announced on BAND as performance opportunities get closer.

Coach Contact & Office Hours

For general **STARS PROGRAM** questions contact: stars@pacificballroom.org

You can contact your **STARS** coach/instructor directly through BAND. We are happy to answer any question you may have and are available to set up a meeting time outside of regular class and team schedules as needed.



CONTACT ANY OF OUR
TEAM COACHES HERE

Please feel free to contact us to set up a meeting at any time and for any reason.

Water & Snacks

STARS 1 will not need a water bottle during class.

STARS 2 & 3 may bring water bottles to class but they are **ONLY** allowed to drink out of it if we have a break.

NO snacks or gum are allowed in dance class. They can eat it before or after class but not during class.

Observation Days

STARS will hold four observation days throughout the year, giving parents and grandparents the opportunity to attend and observe class activities and progress. Siblings are welcome to attend as long as they do not distract the dancers. To help maintain a focused environment, please refrain from taking phone calls during observation days. Filming and recording are welcome.

Observation days will be announced on the STARS Class/Team Band pages

Bathroom Breaks

Please take your dancer to the bathroom BEFORE dance class. We want to spend as much time dancing as possible and when one dancer has to go to the bathroom...they all have to go.

STARS 1 receive "Potty Stickers" from the front desk when they go potty before class. Have your dancer check in with the front desk person before heading into class to receive their sticker after using the restroom. This allows the dance instructors to know who actually has to go to the bathroom during class.

Stars Dress Code

STARS TEAMS + CLASSES

LADIES - Black team shirt, black shirt, black or leo. Bottom: Black leggings, black skirt with tights or shorts under.

GENTLEMEN - Gray team shirt, plain gray shirt, or black/white button up shirt Bottom: Black athletic pants or latin/jazz/dress pants.

Performance Wear

WHAT YOU WILL NEED FOR CONCERTS/PERFORMANCES

LADIES: Skin colored camisole leotard, skin color tights, required class shoe: Tan Jazz shoes (STARS 1 & 2A+2B Teams) or tan latin block heel. (Stars 3B + 3A Teams)

GENTLEMEN: White under shirt, black biker shorts, black latin/jazz/dress pants, black tall socks, black jazz shoes. (Boys ballroom shoes preferred for Stars 3, but not required)

Required Dance Shoes

MINI STARS + STARS 1

LADIES: Tan bootied slip on jazz shoes

GENTLEMEN: Black jazz shoes or black ballroom shoes

STARS 2

LADIES: Tan bootied slip on jazz shoes. Optional: Tan/Carmel block heel latin sandal (not for team performances but may be worn to classes, private lessons & team practices).

GENTLEMEN: Black jazz shoes or black ballroom shoes - suede soles optional

STARS 3

LADIES: Tan/Carmel block heel latin sandal

GENTLEMEN: Black jazz shoes with suede soles OR black ballroom shoes. (Suede may have to be added to jazz shoes. For questions, ask your instructor)



STARS PROGRAM

Stars Full Season: September 2026 to May 2027 (9 Months). **All dancers participate in 2 main performances in Dec & June.**
Additional shows may be added during the season.

STARS PERFORMING	CORE DIRECTOR	TEAM DIRECTOR	FULL SEASON (Sept-May)	TUITION	FEES
STARS MINI TEAM - Ages 2.5 to 3 <i>Open Enrollment until Full</i>	Raney Keating		Tuesdays 4-4:30PM	\$50/ Month	Membership Fee = \$25/Year Costume Fee = \$25/Year
STARS 1 TEAM - Ages 3 to 4 <i>Open Enrollment until Full</i>	Raney Keating or Ema Morgovsky		Mondays 4-4:30PM or Wednesdays 5-5:30PM	\$50/ Month	Membership Fee = \$25/Year Costume Fee = \$25/Year
STARS 2A TEAM - Grades K to 1 <i>By Teacher Recommendation Includes Core Class 1x/Week</i>	Ema Morgovsky		Mondays 4-5:00PM	\$90/ Month	Membership Fee = \$25/Year Costume Fee = \$50/Year
STARS 2B TEAM - Grades K to 1 <i>Open Enrollment until Full Includes Core Class 1x/Week</i>	Lynne Boudreaux or Logan Crisostomo	Erin Briones or Logan Crisostomo	Tuesdays 4-5:00PM or Wednesdays 5:30-6:30PM	\$90/ Month	Membership Fee = \$25/Year Costume Fee = \$50/Year
STARS 3A TEAM - Grades 2 to 3 <i>By Teacher Recommendation Includes Core Class 1x/Week, Team 2x/Week</i>	Lynne Boudreaux	Raney Keating	Mondays 5-6:15PM & Thursdays 4:15-5:00PM	\$185/ Month	Membership Fee = \$25/Year Costume Fee = \$50/Year
STARS 3B TEAM - Grades 2 to 3 <i>Open Enrollment until Full Includes Core Class 1x/Week</i>	Brynn Cole or Logan Crisostomo	Raney Keating or Logan Crisostomo	Mondays 4-5:15PM or Wednesdays 5:30-6:30PM	\$115/ Month or \$90/ Month	Membership Fee = \$25/Year Costume Fee = \$50/Year
STARS BALLET - Grades PreK to 1 <i>Includes a weekly group class</i>	Erin Briones		Thursdays 4-4:30PM	\$50/ MONTH	Membership Fee = \$25/Year Costume Fee = \$25/Year
STARS 1 RHYTHM - Ages 2.5 to 4 <i>Includes a weekly group class. Dancers use both tap and ballroom shoes.</i>	Chantelle Foyston or Melanie Castro Serrato		Wednesdays 4:30-5:00PM or Saturdays 9-9:30AM	\$50/ MONTH	Membership Fee = \$25/Year Costume Fee = \$25/Year
STARS 2 RHYTHM - Grades K to 1 <i>Includes a weekly group class. Dancers use both tap and ballroom shoes.</i>	Melanie Castro Serrato		Saturdays 9:30-10:00AM	\$50/ MONTH	Membership Fee = \$25/Year Costume Fee = \$25/Year
STARS 3 RHYTHM - Grades 2 to 3 <i>Includes a weekly group class. Dancers use both tap and ballroom shoes.</i>	Melanie Castro Serrato		Saturdays 10-10:45AM	\$70/ MONTH	Membership Fee = \$25/Year Costume Fee = \$25/Year

STARS FITNESS (Non-Performing)	INSTRUCTOR	FULL SEASON (Sept-May)	TUITION
BOYS CREW - Grades 1 to 6 <i>A fitness driven high-energy class specifically for boys who love to move, play, and be part of a team through games, movement challenges, and "crew skills".</i>	Logan Crisostomo	Fridays 5:30-6:15PM	\$70/MONTH

DANCESPORT CLASS	DIRECTORS	FULL SEASON (Aug-May)	TUITION
STARS DANCESPORT - Grades 1 to 3 <i>Individual Competition Class for Solo Dancers or Couples Includes Weekly Group Class & Rounds</i>	Lynne Boudreaux Logan Crisostomo Ema Morgovsky	Fridays 4:15-5:00PM	\$60/Month

KIDS DANCE CAMPS	INSTRUCTOR	DATES/TIMES	TUITION
STARS IMAGINATION DANCE CAMPS - Ages 3 to 3rd Grade • Single Day <i>Themed single day camp to develop body awareness, basic dance/movement skills and spatial awareness by using imagination, props & fun dance activities. Pre-registration required 1 week prior.</i>	PBD STAFF	"A Frozen Winter Wonderland" Dec 12 = 1-3:00PM "Once Upon a Hero" May 1 = 1-3:00PM	\$50/Camp Early Bird \$40 (Up to 4 Weeks Prior)

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PACIFIC BALLROOM DANCE

KEY DATES 2026-27

THESE DATES MAY BE ADJUSTED TO ACCOMMODATE CHANGING COMMUNITY CONDITIONS

Competitions, special events, and performances will be added as they are scheduled.

- ★ **AUGUST 31**
First Day of Fall STARS Classes/Teams
- ★ **SEPTEMBER 21-25**
Parent Observation Week
- ★ **OCTOBER 5-9**
Winter Concert Costume Fitting
**Wear Foundational Performance Attire (Nude leos, tights, black pants, etc.)*
- ★ **OCTOBER 19-23**
Parent Observation Week
- ★ **OCTOBER 26-30**
Halloween: Sparkle vs. Sports Friendship Week
- ★ **NOVEMBER 16-20**
Parent Observation Week
- ★ **NOVEMBER 25-28**
No STARS Classes – Holiday Break
- ★ **DECEMBER 2**
Winter Concert Dress Rehearsal @ Theater
- ★ **DECEMBER 3**
Winter Concert Show #1
- S1M, S2B, S3B = Perform Thursday
- S3A = Perform both Thursday + Friday
- ★ **DECEMBER 4**
Winter Concert Show #2
- Minis, S1Th, S2A = Perform Friday
- S3A = Perform Thursday + Friday
- ★ **DECEMBER 7-11**
Elf on the Shelf Theme Week
- ★ **DECEMBER 12**
Winter Imagination & Dance Day Camp
Pre-Registration Required
- ★ **DECEMBER 14**
STARS Winter Dance & Craft Social 5-6pm
- ★ **DECEMBER 15-31**
No STARS Classes – Holiday Break
- ★ **JANUARY 4**
First Day of Winter STARS Classes/Teams
- ★ **JANUARY 18-22**
Parent Observation Week
- ★ **FEBRUARY 1-5**
Spring Demo/Summer Concert Costume Fitting
**Wear Foundational Performance Attire (Nude leos, tights, black pants, etc.)*
- ★ **FEBRUARY 6**
Stars Bonus Dance Day
- ★ **FEBRUARY 15-19**
Parent Observation Week
- ★ **MARCH 8-13**
Studio Spring Break - No classes during Nationals
- ★ **MARCH 22-26**
Reach for the Stars Demonstration Week
- ★ **APRIL 19-23**
Parent Observation Week
- ★ **MAY 1**
Spring Imagination & Dance Day Camp
Pre-Registration Required
- ★ **MAY 3-7**
Summer Concert Costume Fitting
**Wear Foundational Performance Attire (Nude leos, tights, black pants, etc.)*
- ★ **MAY 31**
No STARS Classes – Holiday Break
STARS Program Season ends May 31
All classes and teams wrapped up!
- ★ **JUNE 7 • 4:45-5:45 PM**
ALL STARS Performing Teams: All-Teams In-Studio
Rehearsal + Special Enrollment Day
- ★ **JUNE 10**
Summer Concert Dress Rehearsal @ Theater
- ★ **JUNE 11**
Summer Concert Show #1
- S1M, S2B, S3B = Perform Friday
- S3A = Perform both Friday + Saturday Matinee
- ★ **JUNE 12**
Summer Concert Show #2
- Minis, S1Th, S2A = Perform Saturday Matinee
- S3A = Perform both Friday + Saturday Matinee
- ★ **JUNE 14**
STARS Summer 6-Week Session Begins
- ★ **JULY 26-30**
STARS Full Day/Half Day Summer Camp



PACIFIC BALLROOM DANCE

SAFETY & LOBBY POLICY

At PBD, our top priority is creating a fun and safe learning environment for every dancer. To help ensure the safety and well-being of all students, we kindly ask that all families follow the policies outlined below:

★ SUPERVISION OF CHILDREN

- Children must be accompanied by a parent or guardian at all times when not in class. This includes when using the restroom, eating in the kitchen, or waiting in the lobby.
- Children may not be left unattended at the studio unless they are actively in class.
- Running, jumping, standing on furniture or disruptive behavior is not allowed.
- Toys, electronics, and personal belongings should be used quietly and respectfully.

★ STARS STUDENT PICK-UP

- Parents or guardians must be present in the studio at least 5 minutes before class ends to ensure a smooth and timely pick-up.
- All STARS students must be picked up in person by a parent or guardian from their teacher after class. If you have an exceptional pick-up circumstance (coming home with a friend, a different family member, etc), please inform the teacher ahead of time.
- STARS students are not permitted to walk outside or out to the car alone. In-person pick-up is required.

★ RESPECTFUL ENVIRONMENT

- Please use polite language and maintain a positive attitude.
- Refrain from disruptive behavior, including loud conversations, running, or rough play.

★ NOISE & DISTRACTIONS

- Keep voices, devices, phone calls and conversations at a reasonable volume.

★ PERSONAL BELONGINGS

- Keep bags and items neatly stored out of walkways and in appropriate storage spot if not with a parent.
- The studio is not responsible for lost or stolen items.

Thank you for helping us keep all of our dancers safe, supported, and ready to shine! By following these guidelines, we ensure the lobby and our studio remains a safe, comfortable, and professional space for all.