

# PACIFIC BALLROOM DANCE 2024-25

# ADULT PROGRAM

The Adult Academy Program provides a fun and friendly environment to develop the skills necessary to achieve personal dance goals. Adult Dancers are introduced to the basic steps of ballroom dances and gain a basic understanding of ballroom vocabulary, develop correct poise, posture, dance frame, footwork, flexibility, and timing. The rotating class schedule introduces adult students to different dances every month.

PBD 01/09/25

## BALLROOM CLASSES

CLASS	INSTRUCTOR	DAY & TIME	TUITION
<b>BEGINNING LEVEL CLASSES</b> <i>The perfect place to begin your ballroom dance experience! Basic steps of Ballroom and Latin dances will be taught during the season. No partner necessary.</i>	Rick Gossard	Tuesdays 7-8:00PM	\$65/MONTH
<b>INTERMEDIATE LEVEL CLASSES</b> <i>For dancers who have demonstrated skill in beginning classes. Intermediate steps and figures of Ballroom and Latin dances will be taught. No partner necessary. Prerequisite: Beginning Class or Instructor approval required.</i>	Rick Gossard or Monique Hrouda	Tuesdays 8-9:00PM or Saturdays 6-7:00PM	\$65/MONTH

## LATIN/SALSA CLASSES

CLASS	INSTRUCTOR	DAY & TIME	TUITION
<b>BEGINNING SALSA</b> <i>The perfect place to begin your ballroom dance experience! Learn the basic of Salsa!</i>	Ema Morgovsky	Fridays 6-7:00PM	\$65/MONTH
<b>INTERMEDIATE SALSA</b> <i>For dancers who have demonstrated skill in the intro class. Intermediate steps and figures of Salsa will be taught. Prerequisite: Beg Salsa Class or Instructor approval required.</i>	Alex Olivares	Wednesdays 7-8:00PM	\$65/MONTH
<b>ADVANCED SALSA</b> <i>For dancers who have demonstrated skill in the Salsa 1 class. Intermediate to advanced steps and figures of Salsa will be taught. Prerequisite: Int Salsa Class or Instructor approval required.</i>	Alex Olivares	Wednesdays 8-9:00PM	\$65/MONTH
<b>SALSA CLUB</b> <i>Recurring class where students will learn advanced salsa stylings and combinations. No partner necessary. Prerequisite: Instructor approval required.</i>	Alex Olivares	Fridays 6-7:00PM	\$65/MONTH
<b>LATIN DRILLS</b> <i>For dancers who want to improve their knowledge of Latin technique while learning fun open choreography. Improve your Cuban motion, leg action, rhythm, arm styling, timing, foot articulation, and much more. This class is fast paced with no partner dancing. Prerequisite: Bronze Level Understanding</i>	Alex Olivares	Saturdays 12-1:00PM (Sept-Nov) (Jan-Apr)	\$65/MONTH

## SOCIAL DANCES

DANCE	DAY & TIME	PRICE
<b>FRIDAY &amp; SATURDAY NIGHT DANCES</b> <i>Come dance to the rhythm of your favorite Ballroom, Latin, Swing, and Country tunes!</i>	Fridays 7-10:00PM or Saturdays 7-10:00PM	\$20/PERSON
<b>SENIOR TEA DANCES</b> <i>Come dance to the rhythm of your favorite Ballroom, Latin, Swing, and Country tunes! 30- minute lesson and 90 minutes of social dancing to brighten your afternoon! Light refreshments provided. Ages 55+.</i>	Wednesdays 1-1:30PM = Complimentary Group Class 1:30-3:00PM = Social Dancing	\$15/PERSON

## FORMATION TEAM

CLASS	INSTRUCTOR	DAY & TIME	TUITION
<b>ADULT FORMATION TEAM</b> <i>For dancers to learn fun choreography in a team setting and the opportunity to perform. You will learn a unique dance piece using ballroom and latin dance styles that will challenge you and help you improve your dance skills while having fun. Prerequisite: Some ballroom dance experience is required</i>	Monique Hrouda	Mondays 7:30-9:00PM	\$90/MONTH