

SILVER QUICKSTEP - 1

<u>Long-side</u>	<u>Timing</u>	<u>Alignment</u>
Prep Step (if Starting)	7,8	F DW
Natural Spin Turn	SQQ, SSS	F DW, B DC
V6 Overturned to DC	QQS, SQQ, SQQS	B DC, F LOD
Quick Open Reverse	(S)SQQ	F DC, B LOD
Four Quick Run	sqqqqs	B LOD, F DW
Running Right Turn	SQQS, SSS, QQS	F DW, F LOD new LOD
Into Corner Short Side		
Fishtail	sqqqqs	pointing DC, F DW
1-3 Natural Turn	SQQ,	F DW,
Closed Impetus	SSS	B DC
Reverse Pivot	S	FDC or LOD
**Double Reverse X 2	SSQQ. SSQQ	F DC/LOD x2, E DW
**Double Reverse X 2 Cross Chasse	SSQQ. SSQQ SQQ	F DC/LOD x2, E DW

Restart

^{**}Add or delete figure if needed for floor size



SILVER QUICKSTEP - 2

<u>Long-side</u>	<u>Timing</u>	<u>Alignment</u>
Prep Step (if Starting)	7,8	F DW
Natural Spin Turn	SQQ, SSS	F DW , E DW
Reverse Pivot	S	to DC
*Double Reverse Spin	SSQQ	to DC
Progressive Chasse to R to DC	sQQs	B DC
6-12 V6(Weave action to forward lock)	SQQ, SQQS	B DC, E DW
Running Right Turn (Around Corner)	SQQSSSSQQS	F DW to DC new LOD

Into Corner Short Side

Quick Open Reverse	(S)SQQ	F DC New LOD
Progressive Chasse	SQQS	B DC, F DW
Natural Pivot Turn x 2	SQQS	FDW, EFDW new LOD
**Forward Lock	SQQS	DW new LOD

Restart

Based on ISTD Syllabus

^{**}Double Reverse Spin – add or delete figure as needed

^{**}Forward Lock - add or delete figure as needed