

ROUTINES Q - STEP & RUMBA



Q-Step

Timing Prep Step 78 Quarter Turn to the Right **SQQS Progressive Chasse SQQS** Repeat Forward Lock SQQS

Rumba

Start Closed Position	Timing
L & R Foot Cucaracha	2341, 2341
L & R Foot Cucaracha	2341, 2341
Closed Basic Movement	2341, 2341
New Yorker LSP & RSP	2341, 2341
Repeat	
Routine #2	
Start Closed Position	Timing

Start Closed Position	Timing
Left foot Cucaracha	2341
Right Foot Cucaracha	2341
Closed Basic Movement	2341, 2341
New Yorker LSP	2341
Hand to Hand Left side position	2341
Hand to Hand Right side position	2341
Spot Turn Left	2341
1-3 Open Basic Movement	2341
Progressive Walks Back	2341, 2341
Underarm Turn to Right	2341
Shoulder to Shoulder Left Side	2341
Shoulder to Shoulder Right Side	2341