



PACIFIC BALLROOM DANCE

NEWCOMER - WALTZ

Long Wall (Start facing Diagonal LOD)

| Patterns | Timing | Alignment |
|---|----------|-----------|
| Box Step - No Turn | 123, 456 | LOD |
| Left Foot Closed Change | 123 | LOD |
| Right Foot Closed Change | 456 | LOD |
| Left Foot Closed Change | 123 | LOD |
| Right Foot Closed Change - angled to DC | 456 | LOD to DC |
| Reverse Turn (1-6) | 123, 456 | DC to DW |
| Whisk | 123 | DW |
| Chasse from Promenade Position | 12&3 | DW to LOD |
| Restart - Box Step Add ¼ turns Left as kids progress | | |

Please add Closed Change steps as needed and use diagonal side steps to produce natural sway.

Focus: Frame, Footwork and Timing

Warm Up

Box - No Turn
1/4 Turns Left and Right

Goals: Box w/no turn - Footwork and Balance
Box with Turn - Tracking of legs

DC = Diagonal to Center

DW = Diagonal to Wall

LOD = Line of Dance