



GOLD JIVE

Routine

Timing

| | |
|---|-------------------------------|
| Fallaway Rock | 1.2, 3a4, 5a6 |
| Overtured Fallaway Throwaway | 1.2, 3a4, 5a6 |
| Chicken Walks | SSQQQQ |
| Overtured 3-8 Fallaway Throwaway | 1&2, 3&4 |
| Chicken Walks | QQQQ |
| Overtured 3-8 Fallaway Throwaway | 1&2, 3&4 |
| Simple Spin | 5.6 |
| 1.2 of Rock step | 7.8 |
| Overtured Change of place L to R | 1.2, 3&4, 5&6 |
| Simple Spin | 7.8 |
| Change of Hands behind back | 1.2, 3a4, 5a6, |
| American Spin L to R (Double Spin) end in R to R Hold | 1.2,3a4, 5a6 |
| Chugging | 1.2, 3a4 5a6, 7a8 |
| | 1a2, 3a4, 5a6 |
| Miami Special | 1.2, 3a4, 5a6 |
| Overtured change of places L to R w/Kick ball Change | 1.2, 3a4,5a6 |
| 1-5 Link | 1.2, 3a4 |
| Double Whip | 5.6,7.8 1a2 |
| Mooch | 1.2,345678 |
| | 1a2,345678, 12 3a4 |
| Stalking Walks, Flicks and Break | 1.2,345678, 1.2,345678, 123a4 |
| 3-8 Fallaway Throwaway | 5a6,7a8 |
| Stop and Go No Hold after step 3 Pg 51 | 1.2 3a4,56,7a8 |
| Change of places L to R | 1.2 3a4,5a6 |
| Toe Heel Swivels | QQ,QQS,QQS,QQQQQQ |
| Link Rock , American Spin L to R (Double Spin) | 1a2,3a4 |
| Catapult end (R to R)HH | 1.2, 3a4, 5a6 1.2, 3a4, 5a6 |
| Rolling off the arm | 1.2, 3a4, 56 7a8 |
| American Spin R to R | 1.2, 3a4, 5a6 |
| 1-5 Link | 1.2, 3a4, |
| Whip | 5.6, 7a8 |
| Curly Whip | 12, 3a4 |
| Whip | 5.6, 7a8 |

Restart

**** Please note 3 styles of Mooch for styling options**

Based on ISTD Syllabus