



GOLD CHA CHA

<u>Routine</u>	<u>Timing</u>
Open Basic	23, 4&1
1-5 Natural top	23,4&1
Advanced hip twist Spiral (Man's Press line)	23, 4&1. 23, 4&1
LSP & RSP New Yorker Cuban break timing	2&3, 4&1
New Yorker LSP	23, 4&1
Switch turn L	23, 4&1
1-5 Cross Basic (Guapacha timing)	2&3, 4&1
(w/ ladies Spiral on 5, 2 walks) 8-10 closed basic	2&3&4&1
1-5 Closed Basic Basic - No Hold	23, 4&1
Foot Change #1 Ladies Switch turn to Right	23, 4&1
Chasse Right M & L	23, 4&1
Ronde Chasse	23, 4&1
Twist Chasse	23, 4&1
Switch turn R w/ side chasse	23, 4&1
6 -10 open basic	23, 4&1
LF Cuban Break	2&3&4&1
RF Cuban Break	2&3&4&1
Switch Turn R	23, 4&1
Foot Change #4 - L = Switch turn to the Right	23, 4&1
6-10 End Open Position (R to R)HH	23, 4&1
Alemana (R to R)HH open facing	23, 4&1, 23, 4&1
Advanced Hip twist with Press (R to R)HH	23, 4&1
Man = Twist Chase Ladies runaway chasse to fan	23, 4&1 (pg108) w/ Runaway chasse
Hockey Stick	23, 4&1, 23, 4&1
Follow my Leader - Ending lady spins(R)	23, 4&1, 23, 4&2, 23, 4&3, 23, 4&4, 23, 4&5, 23, 4&6
Turkish Towel (R to R) HH w/ Guapacha	23, 4&1, 23, 4&2, 2&3, 4&3, 23, 4&4, 23, 4&5, 23, 4&6
Curl	23, 4&1
Aida w/Side Rock ,Forward Lock , Man Switch turn Left Lady Right & Ladies UA Turn (R)	23, 4&1, 23, 4&1, 23, 4&1
Hand to Hand RSP w /chasse side	23, 4&1
6 -10 closed hip twist to Open Position	23, 4&1
Sweet Heart (R to R)HH	23, 4&1, 23, 4&2, 2&3, 4&3, 23, 4&4, 23, 4&5, 23, 4&6
Alemana	23, 4&1, 23, 4&1
Rope Spin	23, 4&1, 23, 4&1,
Ladies UA Turn L	23, 4&1
6-10 (F) Fan development (Guapacha timing) Ladies Runaway Chasse	2&3, 4&1, (pg57)
End in open facing	

Repeat

Based on ISTD Syllabus