



BRONZE 1 - QUICKSTEP

Long Side

<u>Long Side</u>	<u>Timing</u>	<u>Alignment</u>
Preparation Step	S	DW
Quarter Turn to the Right	SQQS	DW, E Back DC
Progressive Chasse	SQQS	Back DC, E facing DW
Forward Lock	SQQS	Facing DW
First 3 Steps may be repeated ** Optional		
Natural turn with Hesitation	SQQ, SS	DW, E DC
Chasse to the Right	SQQS	F DC to B DW
**Back Lock	SQQS	Back DW
<u>Around the Corner - Short Side</u>		
Running Finish	SQQ	Back DW F LOD
**Forward Lock	SQQS	Forward Lock
Natural Spin Turn	SQQ, SSS	F DW, End Back DC NLod
Progressive Chasse	SQQS	Back DC, End F DW
**Forward Lock	SQQS	Facing DW
1-3 Natural Turn	SQQ	Facing DW, End back LOD
Tipple Chasse to Right (At Corner)	SQQ, SQQS	E New LOD

Restart

****Add or delete forward lock as needed for floor craft - Right foot free outside partner
Back locks can also be omitted then the follow would be a running finish.**