

# PACIFIC BALLROOM DANCE AUGUST KICKSTART

10 DAYS OF DANCE CAMPS, 4 PROFESSIONAL WORKSHOPS, KICKSTART SESSIONS & SEASON START

**OPTION ONE:  
NEW DANCERS  
& DROP-IN RATES**

**DANCE CAMPS = \$50/day, or \$175/Week (5 Days)  
PROFESSIONAL MASTER CLASSES = \$25/each  
(Attend 5 full days of dance camp & receive 1 Master Class for FREE)**

**OPTION TWO:  
REGISTERED PERFORMING  
TEAM DANCERS**

**AUGUST TUITION FOR PERFORMING TEAMS = \$250  
Includes 10 Days of Dance Camp, Team Kickstart Sessions  
(Access to 45+ Hours of Instruction)**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	01	02	03	04	05
		<b>DANCE CAMP • WEEK ONE • AMERICAN STYLE</b>				
	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Smooth Waltz (2 Levels)</i> 4-5 PM • <i>Am Cha Cha (2 Levels)</i> 5-6 PM • <i>Explore Lindy Hop</i></p>	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Smooth Tango (2 Levels)</i> 4-5 PM • <i>Am Rumba (2 Levels)</i> 5-6 PM • <i>Explore West Coast Swing</i></p>	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Smooth Foxtrot (2 Levels)</i> 4-5 PM • <i>Am Swing (2 Levels)</i> 5-6 PM • <i>Explore Country</i></p>	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Smooth V Waltz (2 Levels)</i> 4-5 PM • <i>Am Bolero (2 Levels)</i> 5-6 PM • <i>Explore Salsa</i></p>	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Smooth Tricks (2 Levels)</i> 4-5 PM • <i>Am Mambo (2 Levels)</i> 5-6 PM • <i>Explore Line Dancing</i></p>	<p>10:00AM-12:00 PM <b>RHYTHM MASTER CLASS</b> Guest Professional Alex Olivares</p> <p>1:00-3:00 PM <b>SMOOTH MASTER CLASS</b> Guest Professional</p>
06	07	08	09	10	11	12
	<b>DANCE CAMP • WEEK TWO • INTERNATIONAL STYLE</b>					
	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Intl Waltz (2 Levels)</i> 4-5 PM • <i>Intl Cha Cha (2 Levels)</i> 5-6 PM • <i>Explore Ballet</i></p>	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Intl Tango (2 Levels)</i> 4-5 PM • <i>Intl Samba (2 Levels)</i> 5-6 PM • <i>Explore Contemporary</i></p>	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Intl Foxtrot (2 Levels)</i> 4-5 PM • <i>Intl Rumba (2 Levels)</i> 5-6 PM • <i>Explore Polynesian</i></p>	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Intl V Waltz (2 Levels)</i> 4-5 PM • <i>Intl Paso (2 Levels)</i> 5-6 PM • <i>Explore Hip Hop</i></p>	<p>2-3 PM • <i>Strength + Conditioning</i> 3-4 PM • <i>Intl Quickstep (2 Levels)</i> 4-5 PM • <i>Intl Jive (2 Levels)</i> 5-6 PM • <i>Explore Tricks/Stunts</i></p>	<p>10:00AM-12:00 PM <b>BALLROOM MASTER CLASS</b> Guest Professional</p> <p>1:00-3:00 PM <b>LATIN MASTER CLASS</b> Guest Professional</p>
13	14	15	16	17	18	19
	<b>PERFORMING TEAM KICKSTART WEEK</b>					
	<p>2:00-6:00 PM Junior A+B Performing Kickstart Session</p>	<p>2:00-4:30 PM Preteen A+B Performing Kickstart Session</p> <p>4:30-8:30 PM Youth A+B Performing Kickstart Session</p>	<p>2:00-6:00 PM Junior A+B Performing Kickstart Session</p>	<p>2:00-4:30 PM Preteen A+B Performing Kickstart Session</p> <p>4:30-8:30 PM Youth A+B Performing Kickstart Session</p>	<p>PERFORMING TEAM OPENING SOCIALS TIMES • TBA</p> <p>6-7:00 PM • PBD Orientation 7-9:30 PM • Welcome Dance</p>	
20	21	22	23	24	25	26
	<b>PERFORMING TEAM KICKSTART WEEK</b>					
	<p>2:00-6:00 PM Junior A+B Performing Kickstart Session</p>	<p>2:00-4:30 PM Preteen A+B Performing Kickstart Session</p> <p>4:30-8:30 PM Youth A+B Performing Kickstart Session</p>	<p>2:00-6:00 PM Junior A+B Performing Kickstart Session</p>	<p>2:00-4:30 PM Preteen A+B Performing Kickstart Session</p> <p>4:30-8:30 PM Youth A+B Performing Kickstart Session</p>	<p>PERFORMING TEAM OPENING SOCIALS TIMES • TBA</p> <p>6-7:00 PM • PBD Orientation 7-9:30 PM • Welcome Dance</p>	
27	28	28	30	31	01	02
	<b>FULL SEASON SCHEDULE BEGINS</b>					

**BE SURE TO CHECK OUT OUR STARS KIDS CAMPS & SUMMER PERFORMING TEAM OPPORTUNITIES AS WELL!**

1604 15<sup>TH</sup> ST SW #109 • AUBURN, WA 98001 • WWW.PACIFICBALLROOM.ORG • (253) 939-6524

PBD 04/03/23

# PACIFIC BALLROOM DANCE 2023-24 ACADEMY CLASSES

Students will be evaluated by their instructor & the Academy Director and will be advanced when they are prepared.  
Most levels take at least ONE year to complete. 2nd Academy class is 25% off (Cabaret class is exempt from this discount).

PBD 03/30/23

CLASS	INSTRUCTOR	DAY & TIME	TUITION (Sept - June)
<b>ME &amp; MY STAR - DANCE MOVEMENT</b> <b>Ages 2-3</b> - Your dancer's first dance class! Come dance and move with your child as they learn body awareness, basic dance/movement and musical skills by using imagination, props & fun activities. Includes a weekly group class. One parent per child.	TBD	Wednesdays 5:30-6:00PM	\$40/MONTH
<b>STARS 1 - DANCE MOVEMENT</b> <b>Ages 3 to 4</b> - For young dancers to develop body awareness, basic dance/movement skills and spatial awareness by using imagination, props & fun dance activities. Includes a weekly group class.	TBD	Wednesdays 5:30-6:00PM	\$40/MONTH
<b>STARS 2 - BALLROOM DANCE MOVEMENT</b> <b>Grades K to 1</b> - For young dancers to translate basic dance movement into the ballroom dance style by developing body coordination, more structured dance steps and fun partner activities. Includes a weekly group class.	TBD	Wednesdays 5:30-6:00PM	\$40/MONTH
<b>STARS 3 - BALLROOM DANCE TECHNIQUE</b> <b>Grades 2 to 3</b> - For young dancers to develop foundational skills in ballroom dance technique and dance vocabulary by making friends and continuing to explore the joy of ballroom dancing. Includes a weekly group class.	TBD	Wednesdays 6-6:45PM	\$60/MONTH
<b>NEWCOMER</b> <b>Grades 4 to 12</b> - For new students who have little or no ballroom dance experience. Learn the basics of ballroom dance in a fun group setting. No partner required. Tuition Includes a weekly group class and a 25-minute private lesson each month with the option to opt out.	Adam Lee	Tuesday (IR/YTH) 5-6:00PM or Wednesdays (PT/FR) 4:30-5:30PM	\$100/MONTH or \$80/MONTH without a lesson
<b>BRONZE 1</b> <b>Grades 4 to 12</b> - For students who have completed Newcomer and are interested in further dance and technical knowledge. Recommendation of Newcomer Instructor required. Includes a weekly group class.	Lynne Boudreaux or Monique Hrouda	Wednesdays 4-5:30PM or Thursdays 4:30-6:00PM	\$95/MONTH
<b>BRONZE 2</b> <b>Grades 4 to 12</b> - For students who have completed Bronze I course and have successfully passed Bronze I medal exams. Includes a weekly group class.	Monique Hrouda	Wednesdays 4-5:30PM	\$95/MONTH
<b>SILVER</b> <b>Grades 4 to 12</b> - For students who have been recommended for Silver level by their Bronze II instructor and have successfully passed all Bronze medal exams. Includes a weekly group class.	Lynne Boudreaux	Mondays 4-5:30PM	\$95/MONTH
<b>GOLD 1</b> <b>Grades 4 to 12</b> - For students who have been recommended for Gold level and have successfully passed the Silver medal exams. Includes a weekly group class.	Monique Hrouda	Mondays 4-5:30PM	\$95/MONTH
<b>GOLD BAR</b> <b>Grades 4 to 12</b> - For students who have been recommended for Gold Bar level and have successfully passed the Gold 1 medal exams. Includes a weekly group class.	Monique Hrouda	Fridays 4-5:30PM	\$95/MONTH
<b>SMOOTH</b> <b>Grades 4 to 12</b> - For students who have completed Bronze II course and have successfully passed Bronze II medal exams. Required class for Silver level dancers wanting to compete in Open Smooth. Includes a weekly group class.	Landon Anderson	Fridays 5-6:00PM	\$80/MONTH
<b>RHYTHM</b> <b>Grades 4 to 12</b> - For students who have completed Bronze II course and have successfully passed Bronze II medal exams. Required class for Silver level dancers wanting to compete in Open Rhythm. Includes a weekly group class.	Monique Hrouda	Fridays 4-5:00PM	\$80/MONTH
<b>CABARET 1</b> <b>Grades 7 to 12</b> - This class includes instruction on the foundational principles of lifting, partnering, and strength training. This class is a prerequisite for any student planning on competing with the Youth Cabaret Competition team, but is open to those Silver and above in the Junior/Youth age. Includes a weekly group class.	Landon Anderson	Mondays (Aug/Sept, Apr/Jun) 7:30-8:30PM Mondays (Oct/Mar) 8:30-9:30PM	\$80/MONTH
<b>CABARET 2</b> <b>Grades 7 to 12</b> - This class includes instruction on advanced principles of lifting, partnering, and strength training. For students who have been recommended for the advanced level by their Cabaret I instructor. Includes a weekly group class.	Brent Mecham	Mondays (Aug/Sept, Apr/Jun) 7:30-8:30PM Mondays (Oct/Mar) 8:30-9:30PM	\$80/MONTH

# PACIFIC BALLROOM DANCE 2023-24

# PERFORMING TEAMS

COMBINED PERFORMING TEAM	DIRECTOR	DAY & TIME	TUITION	FEES
<b>SUMMER TEAM</b> <i>Various Performances (Jul/Aug)</i> <i>Grades 4 to 12</i>	Monique Hrouda	Mondays & Wednesdays 6-7:30PM	\$195 (Jul 5 -Aug 16)	None

Full Season: August 2023 to June 2024 (11 Months). Auditions held in June & December. Main performances in Dec, Mar, & June.  
Additional shows may be added during the season. FAMILY DISCOUNT - 50% off the 3rd Child's team tuition.  
STARS DISCOUNT - \$10 off when registered for both a Stars 1 or 2 academy class and Stars 1 or 2 performing team.

**NEW THIS SEASON - August Performing Team Tuition includes:**  
**10 Days of Dance Camp + Performing Kickstart Sessions = Access to 45+ Hours of Instruction (See August Kickstart Calendar)**

PBD 04/03/23

PERFORMING TEAM	DIRECTOR(S)	DAY & TIME	TUITION	FEES + KICKSTART DATES
<b>YOUTH A TEAM</b> - Audition Only <i>Academy Class Required</i> <i>Grades 10 to 12</i>	Brent & Katie Mecham	Mondays 6-7:30PM & Tuesdays & Thursdays 6-8:00PM	Aug = \$250 Sept-June = \$195/Month	Membership Package = \$80/Year <b>Kickstart = Aug 22, 24, 25</b>
<b>YOUTH B TEAM</b> <i>Open Enrollment until Full</i> <i>Academy Class Suggested</i> <i>Grades 10 to 12</i>	Adam Lee & Erin Briones (Asst)	Tuesdays & Thursdays 6-8:00PM	Aug = \$250 Sept-June = \$145/Month	Membership Package \$80/Year <b>Kickstart = Aug 22, 24, 25</b>
<b>JUNIOR A TEAM</b> - Audition Only <i>Academy Class Required</i> <i>Grades 7 to 9</i>	Heather Bryant & Adam Lee (Asst)	Mondays & Wednesdays 5:30-7:30PM	Aug = \$250 Sept-June = \$145/Month	Membership Package \$80/Year <b>Kickstart = Aug 21, 23, 25</b>
<b>JUNIOR B TEAM</b> - Audition Only <i>Academy Class Suggested</i> <i>Grades 7 to 9</i>	Landon Anderson & Raney Welch (Asst)	Mondays & Wednesdays 6-7:30PM	Aug = \$250 Sept-June = \$110/Month	Membership Package \$80/Year <b>Kickstart = Aug 21, 23, 25</b>
<b>PRETEEN A TEAM</b> - Audition Only <i>Academy Class Required</i> <i>Grades 4 to 6</i>	Raney Welch & Colleen Heal (Asst)	Tuesdays & Thursdays 4:30-6:00PM	Aug = \$250 Sept-June = \$110/Month	Membership Package \$80/Year <b>Kickstart = Aug 22, 24, 25</b>
<b>PRETEEN B TEAM</b> <i>Open Enrollment until Full</i> <i>Academy Class Suggested</i> <i>Grades 4 to 6</i>	Erin Briones & Logan Crisostomo (Asst)	Tuesdays & Thursdays 4:45-6:00PM	Aug = \$250 Sept-June = \$90/Month	Membership Package \$80/Year <b>Kickstart = Aug 22, 24, 25</b>
<b>STARS ADVANCED TEAM</b> <i>By Teacher Recommendation</i> <i>Academy Class Required</i> <i>Grades 1 to 3</i>	Colleen Heal	Fridays 5-5:45PM	Sept-June = \$60/Month	Membership Package \$40/Fall Semester, \$40/Spring Semester
<b>STARS 3 TEAM</b> <i>Open Enrollment until Full</i> <i>Academy Class Required</i> <i>Grades 2 to 3</i>	Raney Welch	Mondays 4:15-5:15PM	Sept-June = \$80/Month	Membership Package \$40/Fall Semester, \$40/Spring Semester
<b>STARS 2 TEAM</b> <i>Open Enrollment until Full</i> <i>Academy Class Suggested</i> <i>Grades K to 1</i>	TBD	Mondays 5:15-6:00PM or Thursdays 4-4:45PM	Sept-June = \$60/Month	Membership Package \$40/Fall Semester, \$40/Spring Semester
<b>STARS 1 TEAM</b> <i>Open Enrollment until Full</i> <i>Academy Class Suggested</i> <i>Ages 3 to 4</i>	Raney Welch or TBD	Mondays 5:30-6:00PM or Thursdays 4-4:30PM	Sept-June = \$40/Month	Membership Package \$40/Fall Semester, \$40/Spring Semester

# PACIFIC BALLROOM DANCE 2023-24

# COMPETITION TEAMS

**SEASON:** October 2023 to Mar 2024 (Ladies & Cabaret extend through Apr 2024). Auditions in September. **COMPETITIONS:** Utah Dancesport Challenge (Feb), BYU Nationals (Mar), Extreme DanceSport Invitational (Apr), Portland Open (May). Participation fees are determined per event and are the responsibility of the dancer.

**ALL COMPETITIONS ARE INDIVIDUAL TRAVEL = Dancers are responsible for all lodging & travel to/from each competition event (including Nationals).**

**PBD is only responsible for the dancer when checked into the team coach for team events. Dancers are the responsibility of their families at all other times, including during individual competition events.**

YOUTH COMPETITION TEAMS	DIRECTOR(S)	DAY & TIME	TUITION	COMPETITIONS/EVENTS	FEES
<b>YOUTH A LATIN</b> - Audition Only Academy Class Required, 2 Competitions (Feb/Mar) Grades 10 to 12	Brent & Katie Mecham	Tuesdays 8-9:30PM (Oct-Mar) Saturdays 10:00AM-12:00PM (Jan-Mar)	\$90/ Month	Feb 3, 2024 = Utah DanceSport Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	FEB = Participation Fee MAR = Participation Fee
<b>YOUTH B LATIN</b> - Audition Only Academy Class Suggested, 1 Competition (Mar) Grades 10 to 12	Adam Lee & Raney Welch (Asst)	Tuesdays 8-9:30PM (Oct-Mar) Saturdays 10:00AM-12:00PM (Jan-Mar)	\$90/ Month	Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	MAR = Participation Fee
<b>YOUTH A BALLROOM</b> - Audition Only Academy Class Required, 2 Competitions (Feb/Mar) Grades 10 to 12	Landon Anderson & Brent Mecham (Asst)	Thursdays 8-9:30PM (Oct-Mar) Saturdays 8-10:00AM (Jan-Mar)	\$90/ Month	Feb 3, 2024 = Utah DanceSport Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	FEB = Participation Fee MAR = Participation Fee
<b>YOUTH B BALLROOM</b> - Audition Only Academy Class Suggested, 1 Competition (Mar) Grades 10 to 12	Adam Lee & Raney Welch (Asst)	Thursdays 8-9:30PM (Oct-Mar) Saturdays 8-10:00AM (Jan-Mar)	\$90/ Month	Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	MAR = Participation Fee
<b>YOUTH CABARET TEAM</b> - Audition Only Cabaret Academy Class Required, 1 Competition (Apr) Grades 9 to 12	Brent & Katie Mecham	Fridays 5:30-6:30PM (Oct-Apr)	\$50/ Month	Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	APR = Participation Fee
JUNIOR COMPETITION TEAMS	DIRECTOR(S)	DAY & TIME	TUITION	COMPETITIONS/EVENTS	FEES
<b>JUNIOR A LATIN</b> - Audition Only Academy Class Required, 2 Competitions (Feb/Mar) Grades 7 to 9	Adam Lee & (TA)	Mondays 7:30-8:30PM (Oct-Mar) Saturdays 3:30-5:00PM (Jan-Mar)	\$65/ Month	Feb 3, 2024 = Utah DanceSport Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	FEB = Participation Fee MAR = Participation Fee
<b>JUNIOR B LATIN</b> - Audition Only Academy Class Suggested, 1 Competition (Mar) Grades 7 to 9	Landon Anderson & (TA)	Mondays 7:30-8:30PM (Oct-Mar) Saturdays 3:30-5:00PM (Jan-Mar)	\$65/ Month	Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	MAR = Participation Fee
<b>JUNIOR A BALLROOM</b> - Audition Only Academy Class Required, 2 Competitions (Feb/Mar) Grades 7 to 9	Landon Anderson & (TA)	Wednesdays 7:30-8:30PM (Oct-Mar) Saturdays 2-3:30PM (Jan-Mar)	\$65/ Month	Feb 3, 2024 = Utah DanceSport Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	FEB = Participation Fee MAR = Participation Fee
<b>JUNIOR B BALLROOM</b> - Audition Only Academy Class Suggested, 1 Competition (Mar) Grades 7 to 9	TBA	Wednesdays 7:30-8:30PM (Oct-Mar) Saturdays 2-3:30PM (Jan-Mar)	\$65/ Month	Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	MAR = Participation Fee
PRETEEN COMPETITION TEAM	DIRECTOR(S)	DAY & TIME	TUITION	COMPETITIONS/EVENTS	FEES
<b>PRETEEN COMPETITION</b> - Audition Only Academy Class Required, 1 Competition (Mar) Grades 4 to 6	Raney Welch & Logan Crisostomo (Asst)	Tuesdays & Thursdays 6-7:00PM (Oct-Mar) Saturdays 2-3:30PM (Jan-Mar)	\$95/ Month	Mar 12-16, 2024 = BYU Nationals Mar 23, 2024 = PBD Spring Showcase	MAR = Participation Fee
LADIES COMPETITION TEAMS	DIRECTOR(S)	DAY & TIME	TUITION	COMPETITIONS/EVENTS	FEES
<b>PRETEEN LADIES COMPETITION</b> - Audition Only Academy Class Suggested, 2 Competitions (Apr/May) Grades 3 to 6	Raney Welch & (TA)	Fridays 5:45-6:30PM (Oct-Apr)	\$45/ Month	Mar 23, 2024 = PBD Spring Showcase April 19-20, 2024 = Extreme DanceSport May 11, 2024 = Portland Open	APR = Participation Fee MAY = Participation Fee
<b>JR/YTH LADIES COMPETITION</b> - Audition Only Academy Class Suggested, 2 Competitions (Apr/May) Grades 7 to 12	Raney Welch & (TA)	Fridays 4-5:15PM (Oct-Apr)	\$55/ Month	Mar 23, 2024 = PBD Spring Showcase April 19-20, 2024 = Extreme DanceSport May 11, 2024 = Portland Open	APR = Participation Fee MAY = Participation Fee