

PACIFIC BALLROOM DANCE 2022-23

ADULT PROGRAM

The Adult Academy Program provides a fun and friendly environment to develop the skills necessary to achieve personal dance goals. Adult Dancers are introduced to the basic steps of ballroom dances and gain a basic understanding of ballroom vocabulary, develop correct poise, posture, dance frame, footwork, flexibility, and timing. The rotating class schedule introduces adult students to different dances every month.

PBD 08/30/22

GROUP CLASSES

CLASS	INSTRUCTOR	DAY & TIME	TUITION
<p>BEGINNING LEVEL CLASSES</p> <p><i>The perfect place to begin your ballroom dance experience! Basic steps of Ballroom and Latin dances will be taught during the season. Option to video recap of lesson for practice at end of class. No partner necessary.</i></p>	Alex Olivares or Monique Hrouda	Tuesdays 7-8:00PM or 8-9:00PM, Wednesdays 12-1:00PM or 7-8:00PM, Fridays 7:30-8:30PM, Saturdays 5-6:00PM	\$60/MONTH
<p>INTERMEDIATE LEVEL CLASSES</p> <p><i>For dancers who have demonstrated skill in beginning classes. Intermediate steps and figures of Ballroom and Latin dances will be taught. Option to video recap of lesson for practice at end of class. No partner necessary. No partner necessary.</i></p> <p>Prerequisite: Beginning Class or Instructor approval required.</p>	Alex Olivares or Monique Hrouda	Wednesdays 8-9:00PM, Fridays 8:30-9:30PM Saturdays 6-7:00PM	\$60/MONTH
<p>LATIN DRILLS</p> <p><i>For dancers who want to improve their knowledge of Latin technique while learning fun open choreography. Improve your Cuban motion, leg action, rhythm, arm styling, timing, foot articulation, and much more. This class is fast paced with no partner dancing.</i></p> <p>Prerequisite: Bronze Level Understanding</p>	Alex Olivares	Saturdays 12-1:00PM (Sept-Nov) (Jan-Apr)	\$60/MONTH

SOCIAL DANCES

DANCE	DAY & TIME	PRICE
<p>SATURDAY NIGHT DANCES</p> <p><i>Come dance to the rhythm of your favorite Ballroom, Latin, Swing, and Country tunes!</i></p>	Saturdays 7-8:00PM = Complimentary Group Class 8-10:00PM = Social Dancing	\$15/PERSON
<p>SENIOR TEA DANCES</p> <p><i>Come dance to the rhythm of your favorite Ballroom, Latin, Swing, and Country tunes! 30- minute lesson and 90 minutes of social dancing to brighten your afternoon! Light refreshments provided. Ages 55+, Currently Vaccinated Only.</i></p>	Wednesdays 1-1:30PM = Complimentary Group Class 1:30-3:00PM = Social Dancing	\$10/PERSON

FORMATION TEAMS

CLASS	INSTRUCTOR	DAY & TIME	TUITION
<p>ADULT FORMATION TEAM</p> <p><i>For dancers to learn fun choreography in a team setting and the opportunity to perform. You will learn a unique dance piece using ballroom and latin dance styles that will challenge you and help you improve your dance skills while having fun.</i></p> <p>Prerequisite: Some ballroom dance experience is required</p>	Monique Hrouda	Mondays 7:30-9:00PM	\$90/MONTH
<p>LADIES FORMATION TEAM</p> <p><i>Ladies will learn fun choreography in a team setting and the opportunity to perform. You will learn a unique dance piece using ballroom and latin dance styles that will challenge you and help you improve your dance skills while having fun. No partner dancing.</i></p> <p>Prerequisite: Some ballroom dance experience is required</p>	Raney Welch	Thursdays 7-8:00PM	\$60/MONTH