



## PACIFIC BALLROOM DANCE

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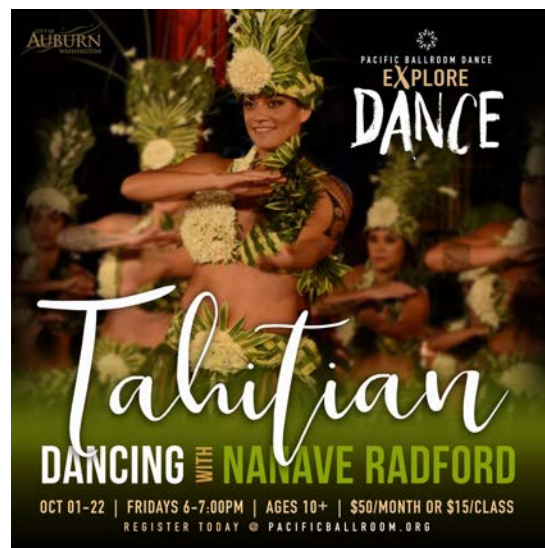
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### **Pacific Ballroom Dance, More Than Just Ballroom**

Pacific Ballroom Dance (PBD) developed the Explore Dance program at a time when the world needed to move and express what couldn't be expressed through words. The Explore Dance Program was an idea formed by Roxanne Nielsen and headed up by Landon Anderson to allow dancers around the Auburn area an opportunity to continue dancing when the world shut down for COVID 19. Since then, Adam Lee, PBD's new Outreach Director has taken the program under his wing to continue developing it.



Each month PBD selects a different dance style outside of its own Ballroom Dance genre and anyone ages 10+ are invited to join us every Friday night from 6-7:00pm! "I really look forward to bringing in more unique styles and talented guest instructors that can't be found elsewhere", said Adam. "I also look forward to the opportunities this will create for us in partnering with other dance groups and getting more involved in the community. We can connect with people that wouldn't otherwise know who we are or what we do."

Through the Explore program Pacific Ballroom has included many different dance styles including Tahitian, Hip Hop, Ballet, Jazz, Tap, Country, Afro Beat, Yoga and Bollywood/ Punjabi Bhangra (to name a few).

"You can learn new dances and meet a lot of new friends because you both like the same dance style," said Kinsey Covey, a PBD student.

What Explore Dance style are you going to try? Try something new, expand your horizons and just dance!

Pacific Ballroom Dance (PBD) began in 1994 as a small, local youth club with a goal to provide young teens with the opportunity to build respectful social skills, self-esteem, fitness and teamwork. In 2003, PBD became a 501©3 non-profit organization with a mission to build character in youth by providing a positive ballroom dance experience. Today, PBD is a thriving youth dance education studio based in Auburn, Washington, serving more than 1000 students annually from age 10-18 from throughout the Puget Sound area.

MISSION Pacific Ballroom Dance builds character in youth by providing a positive ballroom dance experience.

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