



BRONZE 2 FOXTROT

Long Side

<u>Long Side</u>	<u>Timing</u>	<u>Alignment</u>
Prep Step	7,8(S)	F DC
Feather Step	SQQ	F DC
Reverse Turn (Incorporating Feather Finish)	SQQ,SQQ	F DC, E DW
Three Step	SQQ	F DW
Natural Weave	SQQQQQQ	FDW, E Back DW F DC ag LOD to DW
Three Step	SQQ	
Natural Turn (Incorporating heel pull)	SQQ, SS	F DW, E DC New LOD

Option: after 1-3 natural turn - Closed Impetus feather finish directly into 1-4 reverse turn.

Short Side

Feather Step	SSQQ	F DC
1-4 Reverse Turn	SQQ, S	F DC, E backing DW
Basic Weave	QQQQQQ	Facing DC ag LOD, E DW
Change of Direction	SS	

Restart

*Based on ISTD Syllabus



BRONZE 2 QUICKSTEP #2

<u>Long Side</u>	<u>Timing</u>	<u>Alignment</u>
Prep Step(If starting as side #1)	7,8	F DW
Natural Spin Turn	SQQ,SSS	F DW, B DC
Progressive Chassé	SQQS	B DC, DW
Forward Lock	SQQS,	F DW,
Natural Turn With Hesitation	SQQ, SSS	F DC
Zig Zag, Back Lock, Running Finish	SS, SQQS, QQS	F DC end LOD
,Forward Lock	SQQS	F DW end DW
1-3 Natural	SQQ	F DW, B LOD
Closed Impetus	SSS	B LOD, E B DC New LOD
<u>Short Side</u>		
Quarter Turn Left(Heel Pivot)	SQQ	B DC
Cross Chasse	SQQ	B LOD
Forward Lock	SQQS	F DW
1-3 Natural Turn(at Corner)	SQQ	B LOD
Tipple Chasse to Right(at Corner)	SQQS, QQS	B LOD, F DW New LOD

Restart

*Based on ISTD Syllabus



BRONZE 2 QUICKSTEP #1

Long Side

	<u>Timing</u>	<u>Alignment</u>
Prep Step	7,8	F DW
Quarter Turn to Right	SQQS	F DW, B DC
Progressive Chasse	SQQS	B DC, DW
Natural Spin Turn	SQQ, SSS	F DW, B DC
Reverse Pivot	S	B DC, End LOD
Double Reverse Spin	SSQQ	F LOD, E LOD
Chasse Reverse Turn	SQQ	F LOD, E B LOD/DW
Progressive Chasse	SQQS	B LOD/DW, E DW
*Forward Lock	SQQS	F DW
1-3 Natural	SQQ	F DW, B LOD
*Back Lock	SQQS	B LOD
Tipple Chasse	SQQS, QQS	B LOD, F DW

Short Side

Natural Turn with Hesitation	SQQ, SS	F DW, E DC new LOD
Progressive Chasse Right	SQQS	F DC new LOD, B LOD
*Back Lock	SQQS	B LOD
Running Finish	SQQ or QQS	B LOD, F DW new LOD
Forward Lock	SQQS	Pointing DW new LOD

Restart

*Add or Delete Locks as needed

*Based on ISTD Syllabus



BRONZE 2 TANGO

Long Side

	<u>Timing</u>	<u>Alignment</u>
Prep Step	7,8	B DC ag LOD
2 Walks	SS	to LOD
Progressive Side Step L,R,L	QQS	to DC
Walk on RF	S	DC
Open Reverse Turn, Lady outside Open finish or Closed	QQS, QQS	DC, E DW
*2 Walks	SS	F DW, to DC
Progressive Link	QQ	Pointing DW
Closed Promenade	SQQS	P DW Moving LOD
LF Rock & Right Rock	QQS, QQS	B LOD, B LOD
Back Corte	SQQS	B LOD, E DW
*2 Walks	SS	to LOD
Progressive Link	QQ	Pointing LOD mov DW
Natural Twist Turn	SQQS, QQ	Pointing DW

Into Short Side

Closed Promenade	SQQS	DC new LOD, E DW
2 Walks	SS	DW, to DC
Open Reverse Turn, Lady in line,	QQS, QQS	DC, to DW
& to or Progressive Link	& or QQ(Link)	DW to Pointing LOD
Natural Promenade Turn LOD followed by Rock Turn ending	SQQS, QQS QQS	Point DW , E DW new

Restart

*Based on ISTD Syllabus



BRONZE 2 VIENNESE WALTZ

Long Side

Start with Balance Step to start for ease of movement

Change step Left (Forward & Back)

Change step Right(Forward & Back)

Reverse Turn

Natural Turn

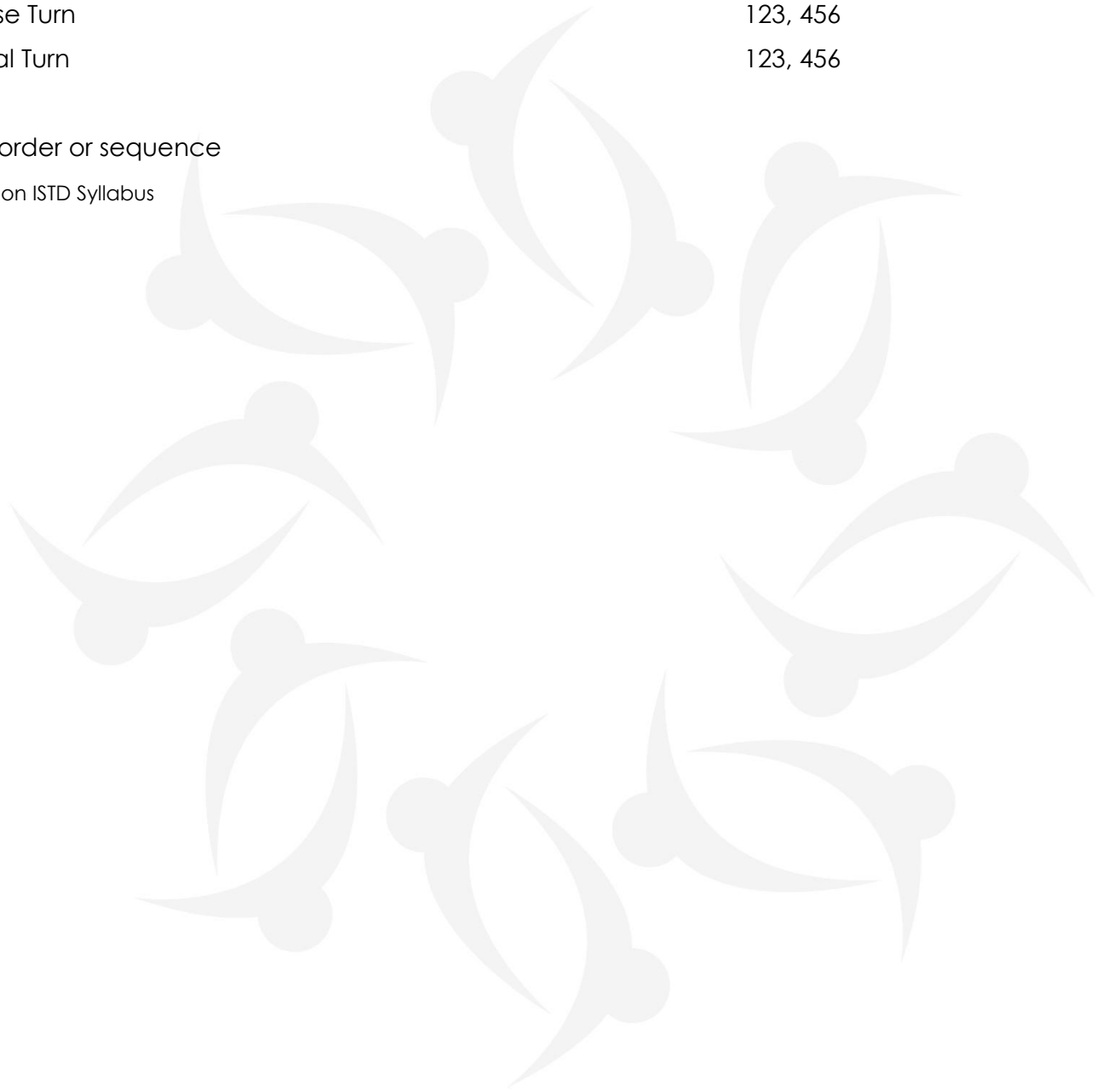
* Any order or sequence

*Based on ISTD Syllabus

Timing

123, 456

123, 456





BRONZE 2 WALTZ

<u>Long Side</u>	<u>Timing</u>	<u>Alignment</u>
Prep Step	3	F DW
Natural Spin Turn	123, 456	B DW, E DW
Reverse Pivot	&	E DC
Double Reverse turn (under turned)	123, L(12&3)	F DC, E DW
Whisk	123	F DW
Chassé from Promenade Position	45&6	Pointing DW
Hesitation Change	123, 456	F DW, E DC
Double Reverse Spin	M(123), L(12&3)	F DC, E DC
Chassé to the Right	12&3	F DC, E B DW
Back Lock	12&3	B DW, E B DW
<u>Into Short Side</u>		
Closed Impetus	123	B DW, E B DC New LOD
Reverse Corté	456	B DC New LOD
Back Whisk	123	B DC Ag LOD
Chasse From Promenade Position	45&6	Pointing DW Short Side
1-3 Natural turn	123	F DW, E B DC
Outside Change to OP or PP	456	B DC, E F DW
Natural Spin turn	123, 456	F DC New LOD
<u>Into New LOD - Long Side</u>		
Reverse Pivot	&	Face LOD
1-3 Reverse Turn underturned	123,	Back DW
Basic Weave (option turned to Closed or P.P)	123, 456	E, DW long side
Restart - Natural Spin Turn	123, 456	F DW

*Based on ISTD Syllabus