Syllabus Requirement Form

Silver

☐ Positions Frame (Poise and Posture) 13 dance
☐ Footwork *ankle articulation, Rise and Fall (W,T, FT, QS)
☐ Timing - Explain syncopation, Timing all Dances
☐ Demonstrate patterns separately - Solo demonstrations
☐ Alignments - Should be understood by both Gents and Ladies
☐ Sway/Shape/Swing - explain differences
☐ Characterization of each dance, compare/contrast technique
☐ 4 dance requirement ballroom (W,T,FT,QS) Latin (S,CC,R,J)

Gold

☐ Frame (Poise and Posture) and 13 dance positions
☐ Footwork - *ankle articulation, Rise and Fall (W,T, VW,FT, QS)
☐ Alignments - Should be understood by both Gents and Ladies
☐ Timing - Explain syncopation, Timing all Dances
☐ Sway/Shape/Swing - explain differences
☐ Solo demonstration man/ladies figures and routines
☐ Characterization of each dance, compare/contrast technique
☐ 5 dance requirement ballroom (W,T, VW, FT, QS) Latin (S,CC,R,PD,J)