Syllabus Requirement Form

**Pre-Bronze**  *This is a non testing level, progress check only*

☐ Frame (Poise and Posture)

☐ Footwork: Heels/Toes

☐ Timing
  *Able to count timing out loud

**Bronze 1**

☐ Frame - closed, promenade position, LSP, RSP, Open, Counter promenade position, RSP/Shadow Pos. *(Poise and Posture)*

☐ Footwork - closed feet/ankle articulation

☐ Timing - explain timing of each dance

☐ Alignments - Tracking of Legs

☐ 3 dance exam requirement ballroom (W,T,FT,QS) Latin (S,CC,R,J) Student Choice

**Bronze 2**

☐ Frame - add in closed position & counter promenade position, Fall-away Position *(Poise and Posture)*

☐ CBM - (4 ranges of motion), explain/compare to CBMP

☐ Footwork - explain pivot action/footwork

☐ Timing - syncopations/alternate timings

☐ Alignments

☐ 3 dance exam requirement ballroom (W,T,FT,QS) Latin (S,CC,R,J) Students choice