



## PACIFIC BALLROOM DANCE

### GIRLS PACKING LIST

**You will be carrying-on your luggage. Please see the regulations for luggage size below:**

*Delta + Alaska Carry-On Regulations:*

- *Baggage may not exceed 45 linear inches in combined length, width and height, including any handles and wheels.*
- *Baggage must fit easily in the Carry-on Baggage Check (approximately 22" x 14" x 9"), which is located near the check-in counters*
- *One personal item, such as a purse, camera bag, briefcase or laptop computer*

You cannot pack huge bottles of gel and hairspray! From the TSA (Transportation Security Administration) website:

"You are allowed to bring one small bag of liquids, aerosols, gels, creams and pastes through the checkpoint. These are limited to 3.4 ounces or less per container. Consolidating these containers in the small bag separate from your carry-on baggage enables TSA officers to screen them quickly.

**"3-1-1 for carry-ons.** Liquids, gels, aerosols, creams and pastes must be 3.4 ounces (100ml) or less per container; must be in 1 quart-sized, clear, plastic, zip-top bag; 1 bag per passenger placed in screening bin. The bag limits the total liquid volume each traveler can bring.

**"Be prepared.** Each time a TSA officer stops to physically screen a carry-on bag, it slows down the line. Practicing the 3-1-1 rule will facilitate the checkpoint experience.

#### **WHAT TO BRING:**

Team Uniform  
 Team Warm-Ups  
 Black Skirt  
 Dress Slacks  
 2 Semi-formal outfits (skirt, dress, slacks, etc)  
 Socks  
 Dress Shoes  
 Comfortable walking shoes/sneakers  
 Warm coat (cold temperatures and snow – plan for temperatures similar to here during the day, colder at night)

#### **MONEY – Money for 5 dinners & snacks**

Official ID  
 Student ID  
 Dance shoes

Toffee Fishnets  
 Tan "Sheer to Waist" Nylons  
 Nude Leotard/Bra Cups  
 Gel & Hairspray  
 Hairnets  
 Hairbands  
 Bobby Pins  
 Eyelashes/Glue  
 Make-up  
 Camera/Phone  
 Schoolwork  
 Personal Items  
 Hygiene Items (lotion, chap-stick, etc)

### CLOTHING SCHEDULE

#### Tuesday:

Team warm-ups and casual attire underneath for the trip to Utah. We will wear team uniforms with fishnets and rehearsal skirts for rehearsals in the Marriott Center.

#### Wednesday:

Nice casual clothes for rehearsal and competition prep.  
 Rehearsal Attire for practice if needed.  
 We will arrive at the Marriott Center in team uniforms/jackets, (pants for girls).

#### Thursday:

Nice casual clothes for rehearsal and competition prep.  
 Rehearsal Attire for practice if needed.  
 We will arrive at the Marriott Center in team uniforms/jackets, (pants for girls).

#### Friday:

Rehearsal Attire for practice if needed.  
 Nice casual clothes for the daytime.  
 Dressy/Semi-formal attire for the evening.

#### Saturday:

Wear what you want in the morning (nice casual if you attend the competition). Rehearsal Attire for practice if needed.  
 Dressy/Semi-Formal evening attire ready to go at the hotel.

#### Sunday:

Team Warm-ups and casual attire underneath for the trip home.