

# Bronze Foxtrot – #1

## Long Side

## Timing

Long side - Facing DC

Preparation Step

S

Feather Step

SQQ

Reverse Turn (Incorporating Feather Finish)

SQQ, SQQS

Three Step

QQ

Natural Turn

SQQ, SS

Feather Step

SSQQ

Reverse Turn (Incorporating Feather Finish)

SQQ, SQQS

Three Step

QQ

Natural Turn

SQQ, SSS

## Short Side

Feather Step

SQQ

1-4 Reverse turn backing DW New LOD

SQQS

Basic Weave

QQQQQQ

Change of Direction

SS(S) Prep new Feather

Repeat